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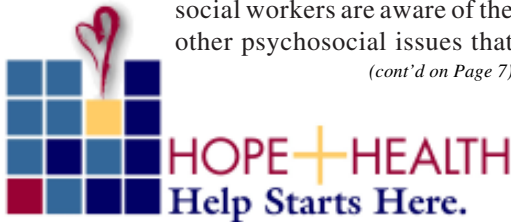
Social Work Month 2007

Hope and Health: Help Starts Here

March is Social Work Month. This year's theme is *Hope and Health: Help Starts Here*. With nearly 37 million people admitted to hospitals in 2004, social workers serve many of these patients during their hospital stay. As an integral part of many interdisciplinary teams, working closely with doctors, nurses and other medical professionals, social workers become the advocate for the client for the right course of action. A social worker's commitment to a client starts with diagnosis and continues through recovery and beyond. Social workers see a client through a holistic lens. More than just treating the physical effects of an illness,

social workers are aware of the other psychosocial issues that

(cont'd on Page 7)



Deadline Approaching for Nominating 2007-2008 Board Members

Go beyond your day-to-day role in social work and consider nominating yourself or a colleague for NASW Oregon's Board of Directors. The deadline for submitting an application to run for NASW Oregon's Board of Directors is April 1st. To view a list of open positions, download an application or to find out more, please visit: www.nasworegon.org/Elections/Index.html or call the chapter office.

In April, the NASW Oregon Chapter Nominations Committee will review the applications and choose a double slate of candidates for each position. Ballots will be mailed to members in May 2007 and elected Board members will be announced in June 2007.

NASW Oregon Chapter Lobby Fund Challenge

By Larry Betcher, Region I Representative, NASW Oregon Chapter Board of Directors

I am writing to request that each and every NASW member donate to the Chapter's Lobby fund. To kick off this challenge, the Board of Directors and many additional members of our chapter leadership have already donated. We now challenge each of you to do the same!

One of the things that differentiate social workers from other mental health professionals is our commitment to social change and to make the world a better place. This commitment to social change is so central that it is part of our code of ethics: "social workers should engage in social and political action that seeks to ensure that all people have equal access to the resources, employment, services, and opportunities they require to meet their basic human needs and to develop fully."

Our lobbyist, Maura Roche, is hard at work representing us each day in Salem during the legislative session. Maura is closely monitoring any bills that impact social workers in all practice areas and our client populations. In addition, she is actively involved in a title protection & practice act that may be introduced in 2009. However, the cost of Maura's services aren't fully covered by member dues. Our chapter lobby fund is made possible by generous donations from our members to help fund our legislative efforts.

(cont'd on Page 4)

Help Starts Here Website

Educating & Helping Consumers to Locate Social Workers

As part of the national social work public education campaign, NASW has created a consumer website that promotes the breadth and depth of social work practice. The new site, www.helpstartshere.org, has been widely promoted to the public through national and statewide efforts. It offers valuable advice and resources from professional social workers on current consumer-interest topics, such as depression, domestic violence, end-of-life care, and much more. Most importantly, an important feature of this new site is a user-friendly tool that helps consumers to locate social workers in their area.

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From the Executive Director

As spring draws near, with it brings a new level of excitement and energy to the Oregon Chapter of NASW. As Luana mentioned, we just hosted Dr. Frederic Reamer, a nationally known expert in social work ethics, to a sold out audience on March 2nd. The day before, more than 100 social workers joined together in Salem to kickoff Social Work Month by advocating for student loan forgiveness for social workers, health coverage for all of Oregon's children, justice reform and equal rights for relative foster care parents. Last month, nearly 150 social workers and members of the general public attended our 1st annual Advocacy Night and demonstrated support for the chapter's lobby fund.



Stacey Skala Orr,
Executive Director

Currently, our Legislative Committee is meeting every third week during the legislative session, working closely with our lobbyist Maura Roche to track bills that impact our profession, our clients and our lives. As we take positions and prepare testimonies, I am reminded that now more than ever, we need to be in a position to affect policy since it directly affects social workers in virtually every practice area where we can be found. Therefore I ask you to consider the following: for those of you who aren't able to follow state legislation closely, be rest assured that we are. However, the costs of our legislative efforts are not fully covered by member dues, so please join the Board of Directors in donating to the Chapter's Lobby Fund and help us meet our fundraising goal for 2007.

Beyond our legislative efforts, there are many other exciting happenings at the Chapter. Luana and I will be traveling to Washington DC next month to attend NASW's Annual Leadership Meeting. The focus this spring will be on the Social Work Reinvestment Initiative, as well as spending a day on the Hill.

In addition, we have new energy pouring into our committees, councils and districts. Upcoming activities include a series of NASW Oregon sponsored workshops, brown bag events in the Columbia Gorge and Lane County, monthly networking "pub nights" in the Portland metro area, a spring breakfast forum series hosted by our Aging & Disability Council, an ethics blog, promoting our Diversity Resource guide, and improving the image of social work locally through the efforts of our PR & Marketing Committee. So now is a great time to get involved, tap into that energy, work side-by-side with other social workers and bring your presence to the chapter!

The saying goes to stop and smell the flowers. This month, in honor of Social Work Month, please take a moment to reflect on our field and the values which bind our diverse profession. Feel proud, and most of all, when someone asks you "what do you do?" respond first by saying "I am a social worker."

From the President

Happy Spring! By the time you read this, we will have had two very successful events which I hope you attended. On March 1st, we spent the day in Salem for our Day of Action at the Legislature. We heard great speakers and had a chance to meet with the representative and/or senator for our home districts and encourage them to help us pass needed legislation in a variety of areas. We had a great turnout including vans of students from the Portland State University MSW program, and the University of Portland and George Fox University BSW programs. See articles by Maura Roche, our lobbyist and Mark McKechnie, Legislative Committee Chair for details and information on what legislation we're working on.



Luana Berens
Chapter President

On March 2nd, we brought in nationally known speaker on social work and ethics, Dr. Frederic Reamer, Ph.D. from the School of Social Work, Rhode Island College. His topic was Boundary Issues and Dual Relationships in Social Work: Ethical and Risk Management Challenges. It is the first time in many, many years, that we've sponsored a speaker of his caliber and it was very well received. We sold out the venue of 125 seats! In collaboration with Portland State University Graduate School of Social Work and Legacy Emanuel Hospital Social Work Department, we were able to videotape his presentation so it can be made available for distance learning via home study or group study around the state. We are also exploring the potential for a webcast to selected sites statewide where groups can meet to watch the video, discuss it and get CEU's at a reduced rate. Details will be available later this spring. We are exploring the option of taping future presentations on a variety of topics to increase CEU access to our membership who cannot travel to Portland.

March is Social Work Month!! We are having an Open House on March 21st from 5-7pm. Please come meet the staff, the chapter leadership and your fellow members. See article on page 8 for details of the free CEU presentation during open house. Encourage the organizations you work for and with to announce SW Month and recognize what you do. Governor Kulongoski will also be proclaiming March as Social Work Month.

Chapter Leadership, the Board of Directors, the Staff and I continue to move forward on all goals identified in my previous articles: 1) Activating, Revitalizing, and Integrating Committees/Councils/Districts, 2) Strategic Planning, 3) Growing the Chapter, and 4) Continued Collaborations and Coalition Building. However, we cannot do it without support from you, the membership. The Chapter needs each of you to tell us what you'd like to see us providing to the membership, and working toward in many areas including legislation and education. Information about the strategic plan, what the committees/councils/districts do, and contact info for chapter leadership, can be found on our website, along with the list printed on pages 2-3 of this newsletter. I encourage you to get involved, to network, have fun, and enhance your career.

Correction regarding this quote I attributed to Nelson Mandela in December, it is actually by Marianne Williamson, author. "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us." Come join other social workers in the light and see how powerful we can make the Chapter! I wish you great Blessings, Peace and Growth this Spring. Luana

Legislative / SWPAC Updates

2007 Legislative Session — Full Steam Ahead!

By Maura C. Roche, Registered Lobbyist,
Oregon NASW

The Oregon State Legislative Assembly convened on January 8th with big changes everywhere in the Capitol. The Democrats took control of the House for the first time in 16 years creating a partisan alignment of Democratic control in both chambers and the Governor's office.

On the first day of session the Democrats passed rules limiting gifts, meals and entertainment that lobbyists have historically provided to legislators. They changed the rule for public notice of legislative business from 24-hours notice to 72-hours notice. They eliminated the \$1,000 fine per person placed on members who fail to attend Floor session as a protest to treatment by the majority party—although members can still be rounded up by the Oregon State Police and compelled to attend.

Basically, it was an overhaul with an eye toward a more open and fair process and more respectful treatment of the Minority party by the Majority party. Many of these Rule changes returned us to the operating procedures that had been in place for decades before the Republicans took control in the 1990s. Hopefully this will return the legislature to a more civil and civilized process.

It looks like this legislature may consider some serious changes to both the revenue structure of the state and health care reform as two big ticket items this session. On the revenue front, a restructuring (either repeal or suspension) of the Corporate Kicker seems to be gaining some traction. Also, there are dueling proposals to raise the Corporate Minimum Tax, which is currently \$10. The Democrats offered a proposal early on and the Republicans have countered with an even higher tax for big business AND a capital gains cut. We are still a long way from seeing either proposal pass, however, both sides are engaging in this debate for the first time. Perhaps they will succeed and close the door on the

shameful practice of allowing multi-million dollar businesses to pay only \$10 in taxes.

The third most likely proposal is an 84.5-cent increase in the cigarette tax which would bring Oregon in line with our neighbors to the north in Washington State. The revenue generated would be split 90-10 between health care and tobacco prevention, education and cessation programs. The bulk of the health care allocation would go to pay for the Governor's Healthy Kids Plan, which would make free or publicly-subsidized health insurance available to all uninsured children in low and moderate income families.

On the health care reform front, there are more than half dozen committees dedicated to health care this session—usually there are two. There are health policy committees and health access committees and health care reform committees that are working around the clock on a universal health care proposal.

This will likely be a two session process, as the Oregon Health Plan was, but much of the ground work will be laid this session. Senator Alan Bates and Senator Ben Westlund are leading this charge.

In addition, as I mentioned we have the Governor's Healthy Kids Plan. There are a number of challenges facing this bill right now. Republicans are skeptical of the plan because it covers all Oregon's kids, including undocumented kids. They also argue that the tobacco tax is not a stable source of funding and that the program goes too far in covering kids in families up to 350% of the Federal Poverty Level. Because the program would be paid for by a tax increase, a super majority vote is required in the House and Senate. There are some high level negotiations going on right now to see if the votes can be found to pass the proposal. Stay tuned.



NASW Oregon Chapter Lobby Fund Challenge *(cont'd from Page 1)*

On a personal note, one of the reasons that I became active in NASW was to make a difference. At that time, the Oregon Health Plan was going down the tubes and mental health parity was still a dream. To address my feelings of hopelessness, I attended the Day of Action and began donating to the Lobby Fund. Having been a professional social worker for the last 13 years, I am also keenly aware of the fact that we don't make much money. I'm not asking you to donate a lot, but to donate something. For me, a monthly reoccurring donation makes it easier for my budget and it seems easier to give \$10 or \$20 a month rather than write one big check. I suspect that most people could at least afford a one-time donation of \$5. If every member gave just \$5, we would surpass our fundraising goal of \$5,000.

So, don't delay! Donating to the Lobby fund is easier than ever. Visit www.nasworegon.org and click "Donate Now" at the bottom of the page, or send your check to the chapter office with "Lobby Fund" written in your memo.

Welcome New Members!

Angel Smith	Lee Turek
Rebecca Burkart	Emily Puckett
Summer Ashley	Oleg Popov
Mandi Wilson	Melanie Loree
Sandra Veronick	Jessica Jacobson
Donna Arriaga	Michelle Sobel
Katherine Chiba	Lu An Carone
Jason Malcom	Trena Stewart
Nancy Hazelett	Elizabeth Norton
Vanessa Owen	Amanda Blake
Ashley Cox	Claudia Stevens
S. Crane	Madeline Collias
Stephanie SaintCyr	
Vicki Baudino-Shaffer	

High Expectations for 2007 Legislature

By Mark McKechnie, Legislative Chair

As I write this, the 2007 session of the Oregon Legislature is barely a month old, but moving full speed ahead. Hopes are high as both the Legislature and Governor's office are under Democratic control for the first time in many years. The revenue picture also looks significantly better than in recent years. The time is ripe for the state to invest in effective programs and in our people.

It's not too late to participate in NASW's legislative activities. There are ample opportunities for members to write testimony on issues that appeal to your interest or expertise or to testify in person at the Capitol in Salem. If any of the issues below interest you enough to support our chapter's advocacy, you can contact me at mark.mckechnie@comcast.net.

The Governor has proposed the Healthy Kids Plan to increase free coverage for low income children and make comprehensive healthcare available to all of Oregon's uninsured children. NASW provided written testimony expressing our enthusiastic support for the Governor's proposal during its first week of hearings. Our lobbyist, Maura Roche, has more information on the proposal in her update on page 4.

In addition to supporting healthcare for children, we are preparing to testify on another of our top priorities for this session – payment for relatives who provide foster care. The first hearing on SB 282, which would end the disparate treatment of foster parents who are related “by blood or marriage,” is scheduled in front of the Senate Judiciary Committee on February 19th.

Data from national studies, as well as those in the Pacific Northwest, show that relative caregivers are much more likely to be low income (with incomes below 200% of the Federal Poverty Level) than other families providing foster care. Oregon DHS recently examined a sample of relative foster families who are not receiving foster care payments from the state and found that all of them had household incomes below 300% of the poverty level and more than two-thirds had incomes below 200% FPL.

We are still awaiting drafts of other bills high on NASW's priority list, including a student loan tax credit which would provide tax

credits to those social workers serving vulnerable clients in the public and non-profit sectors. The tax credit would also help provide incentives for social workers to practice in Oregon's rural and frontier counties. Our aim is to help agencies serving the public to attract and retain qualified and experienced social workers, particularly in those communities that are more geographically isolated.

Also in the pipeline are two bills to modify Ballot Measure 11 as it applies to juveniles. One would offer some convicted juveniles a “second look” option, whereby they could request that a judge grant a conditional release half-way through the mandatory minimum imposed for crimes committed when they were 15, 16 or 17 years of age.

Another bill being drafted would give juveniles charged with Ballot Measure 11 crimes a chance to make an argument that they should remain in the juvenile system, rather than being waived to adult court. NASW is preparing to support both bills as very reasonable and just changes to Measure 11.

Other proposals NASW has chosen to support thus far include:

- Strengthening consumer protection laws to protect low income Oregonians from predatory lending practices. Proposals also include imposing the same kinds of limits on car title loans as payday loans (House Bills 2203, 2204 and 2205).
- Supporting the rights of persons committed to facilities run or licensed by DHS, including access to the outdoors and legal advice (HB 2313).
- Increasing revenue and funding for drug and alcohol and other treatment programs (HB 2347).

We expect a couple of thousand more bills to be introduced before the 2007 enters the history books. We will be looking for bills related to healthcare access, mental health services, child welfare, juvenile and criminal justice, supports for people with disabilities, civil rights and more.

Watch your e-mail for updates, contact the chapter if you do not receive e-mails currently but would like to, and let us know if you want to pitch in. There is plenty of work left to do before the final gavel falls.

1st Annual NASW Oregon Advocacy Night a Success!

On Saturday, February 10th nearly 150 people attended the first annual NASW Oregon Advocacy Night at the Mississippi Pizza Pub in NE Portland. The goal of the evening was to raise awareness about NASW Oregon's 2007 legislative efforts and to raise money for the chapter's lobby fund. The evening featured musical guests David Franklin, Zack Orr and Lewis Childs. We were also joined by Representative Chip Shields (pictured), a social worker and NASW member who spoke to the crowd about the importance of social workers getting involved in state legislation and the need for justice reform in the state of Oregon.

Special thanks to the planning committee which made this event possible (Mike Meyer, Cindy Rapp, Lydia Rivera and Sara Westerfeld) and to the following Mississippi Avenue businesses and individuals who donated raffle prize items:

- Beadworks by Maura Roche
- Pin Me Apparel
- Fusion Bodyworks
- Pistils Nursery
- The Meadow
- The Rebuilding Center
- Mike Meyer
- Salty's Dog & Cat Shop



General News

Help Starts Here Website *(cont'd from Page 1)*

NASW worked in collaboration with HelpPRO, an online referral service based in Massachusetts, to develop the new search tool. A professional social worker and long-time NASW member owns the service. By registering, you will be part of a comprehensive resource that helps consumers, hospitals, schools, physicians and others find social work services easily. The direct benefit for you and your practice/organization is an increase in quality referrals. People looking for professionals with precisely your skills, training and expertise will be able to find you quickly online.

The introductory first year listing fee is only \$25. If you are already listed in the NASW Register of Clinical Social Workers (you must hold a current QCSW), your registration fee is **FREE**. In addition, when people search for social workers in your area on the new consumer Web site, your listing gets premier placement. To participate in the Clinical Register, you must obtain a Qualified Clinical Social Worker (QCSW) credential.

As the efforts of the Social Work Public Education Campaign continue nationally and locally, make sure that consumers are able to locate you, whether you are in private practice or an agency setting. Visit www.naswfoundation.org/socialWorkFinder.asp to register, or call HelpPRO at 800-652-0155.

Supervision Group

Ongoing for clinicians needing to meet LCSW or LPC requirements as well as for those seeking to continue post-licensure consultation. Individual supervision in addition to group is also available. Our focus is to be of service to your total professional development, not just the refinement of clinical skills.

We offer a broad combined clinical background serving adults, adolescents, children and families.

Additionally we provide a specialized care focus for trauma survivors and those with addiction issues. Experienced working within managed care, employee assistance, public agency and hospital systems and working with both short term and intensive longer term psychotherapy models.

For further information please contact co-leaders:

Steve Hand LCSW (503) 590-7029
Donald Mann LCSW (503) 228-1939

BC/4/0

Meet our New Intern!

My name is Mary Muir and I am a first year student in the MSW program at Portland State University. I have a unique experience of having my field placement split between the NASW Oregon Chapter and the Aging Services program at the Neighborhood House.



My area of interest is working with older adults, and I'm excited about being involved with the NASW's Aging and Disability Council. One of my primary projects is to help organize the Council's Spring Breakfast Forum Series that will be starting on April 5th. I hope to meet many of you at the upcoming forums, and am glad to be a part of this exciting organization! I can be contacted at intern2@nasworegon.org.

Men's Therapy Group

for adult survivors of sexual abuse.

Current openings. Group continuous since 1987. Portland metro area. Also individual, couples and consultation and training on male sexual abuse issues. Contact Donald L. Mann, LCSW, 503-228-1939, or email dmann@spiritone.com.

Individual Clinical Supervision Towards LCSW Licensure.

Ten years experience treating adults with a focus on outpatient and inpatient mental health, poverty/homelessness, axis I and axis II disorders, managed care and ethics. Eclectic orientation.

Affordable rates with evening hours near PCC-Sylvania. For more information contact Larry Betcher, LCSW, CADCI, 503-887-6379

PROGRAMS

for MEN

- Men's Therapy Group
- Relationship Skills Group
- Individual Therapy
- Domestic Violence Intervention Groups



Program Directors: Paul Lee, LCSW
Roberto Olivero, Ph.D.

503-235-3433

BP/8

New Perspective on End-of-Life Care Can Lower Rising Health Care Costs

By Marty Hogan, NASW Member

It's rare to pick up a newspaper these days without seeing headlines about the rising cost of health care and the dire condition of our country's health care system. It's a hot issue, and politicians, health care leaders and American citizens alike are calling for change.

And while there's plenty of disagreement about how to solve the problem, everyone agrees on one point: Our country's health care system is in a tailspin, costs are skyrocketing and drastic transformation is needed to ensure that each and every American's basic right to health care is fulfilled.

One of the many factors driving the cost of health care is medical costs incurred during the final six months of life. Americans are living longer than ever and medicine is advancing rapidly, which means more elderly patients are undergoing more and complex procedures to extend their lives.

But these procedures are expensive; it's estimated that about one-third of Medicare's annual \$327 billion budget goes to care for patients in their final year of life.

Is that time and money well spent? Would it be better spent with the patient at home, living out the remainder of life in comfort and peace, surrounded by family and loved ones?

That's the premise behind hospice: Comfort, not cure. Once a person is in the final weeks of life, they're beyond curing. Efforts spent grasping for an extension of life artificially encourage hope and just escalate expenses. Patients are perhaps better served when we instead shift our efforts to keeping them comfortable, helping resolve unfinished business, and helping them have a good death.

A recent USA Today article contrasted medical costs incurred during the final six months of a person's life in Miami versus those incurred in Portland. In Miami, the patient would visit doctors 46 times, spend more than six days in an intensive care unit and stand a 27 percent chance of dying in the hospital. According to the article, that would cost just over \$23,000.

In Portland, the patient would see the doctor 18 times, spend one day in intensive care and stand a 13 percent chance of dying in the hospital. The patient is likely to die at home, with the support of a hospice program. Total tab: slightly more than \$14,000.

Sure, this cost discrepancy reflects the higher cost of living in Miami. But it also gets at a much larger issue: The philosophical shift from curing goals to comfort goals cuts down on unnecessary doctor's visits and expensive procedures, and provides the patient the opportunity for good, quality time spent with family and loved ones, and a painless death. It's emotionally *and* financially sound.

More people are catching on to the importance of shifting priorities at the end of life. According to the National Hospice and Palliative Care Organization, about 1.2 million

patients, 80 percent of them older than 65, received hospice services in 2005, an increase of 150,000 from the year before and up from 210,000 in 1990. What's more, the average length of service to a hospice patient has increased from 48 days in 2000 to 59 days in 2004, suggesting that people are coming to the services sooner in the course of their diseases.

But we have a long way to go. We need a different approach in our country toward death and dying, and the best start is for us hospice social workers to get out there and tell our stories, to share how important and valuable hospice is, both for the dying and the loved ones. We can be the ambassadors of offering dying people and their families a peaceful, comfortable death.

The author of *Sacred Vigil, Telling My Life's Story* and *If I Should Die... The Dying Process*, Marty Hogan has been a home care and hospice social worker for nearly 14 years and currently works at Providence Hospice in Medford, Oregon. She has written a series of three booklets as practical resources for hospice and family caregivers. For more information, visit www.sacredvigil.com.

Social Work Month 2007

Hope and Health: Help Starts Here

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play into the client's treatment and recovery and help them overcome those barriers to complete health care.

A 2006 study of licensed social workers from the NASW Center for Workforce Studies revealed the following about the practice of health social work:

- There is a potential shortage of social workers in health care services because of the increase in demand for both chronic and acute medical care with the dramatic increase in the number of older adults.
- More than half of health care social workers are employed in hospitals. Significant numbers of social workers also work in health clinics (14%) and hospices (14%).
- Health social workers provide direct services to clients, impart information and make referrals, screen and assess clients, and intervene in crisis situations most often in their area of practice.
- More than three-fifths of social workers report an increase in the severity of client problems, caseload size, paperwork and waiting lists for services.
- Social work in health care settings is a major practice area serving older adults. Health care social workers comprise more than one-third of all social workers who serve predominantly older adult caseloads.

Social Work Month 2007

Celebrate Social Work Month at the NASW Oregon Chapter Office

Join us in celebrating social work month at the Chapter's open house event, followed by an enlightening presentation by Susan Hedlund, LCSW (pictured). Susan has been an oncology social worker for 26 years and has extensive experience working with individuals and families facing life threatening illness and loss. She has served as the president of the National Association of Oncology Social Work, and received their Leadership Award in 1999. She speaks nationally on topics related to cancer, coping, and

Wednesday, March 21st

NASW Oregon Chapter Office
Multnomah Arts Center • (Multnomah Village)
7688 SW Capitol Hwy., SW Portland

5:00-6:30pm
NASW Oregon Chapter Open House (Room 5)
6:30-7:30pm (Room 10)

*Resurrecting Hope: Envisioning the Future
of Social Work Practice in Health Care* (1 CE)

Presented by Susan Hedlund, LCSW

other psychosocial issues. Additionally, she is on the faculty of the School of Medicine at Oregon Health and Sciences University, and the Graduate School of Social Work at Portland State University.

Refreshments, light appetizers, raffle prizes and networking will take place during the open house. 1 Free CEU will be offered for those who attend Susan's presentation!



Susan Hedlund,
LCSW

Concordia University

3rd Annual Social Work Month Celebration

Social work students, social workers and those considering a career in social work are cordially invited to share their experiences and questions about social work, to network with other social workers, and to celebrate the contributions of our profession.

Saturday, March 24th
11AM-2PM

Concordia University
West Dining Hall • 2811 NE Holman, Portland
Map/Directions: <http://cu-portland.edu/aboutcu/maps.cfm>

RSVP for a complimentary lunch to
Lynne Danley, 503-280-8600.

THE INSTITUTE OF CONTEMPORARY PSYCHOANALYSIS

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Courses are held at 12121 Wilshire Blvd. #505, Los Angeles, CA 90025
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INSTITUTE OF **ICP** CONTEMPORARY PSYCHOANALYSIS

Committees & Councils

PR/Marketing Committee

Helping to Improve the Image of Social Work in Oregon

The PR & Marketing Committee was pleased to hold its first meeting of 2007. One of our first projects will be a month-long awareness campaign of ad placements from the National Social Work Education Campaign on Tri-Met buses in the metro area this spring. Our goal is to educate the general public about social work through the ad's positive image/message and to direct consumers to the new consumer social work website www.helpstartshere.org. Stay tuned for a full report in the next newsletter!



As we continue to set short and long term goals for PR & Marketing activities, we are seeking out new committee members. If you are interested, please contact the chapter office or email stacey@nasworegon.org.

Ethics Summit 2006 Affirms Value of NASW Code of Ethics

By Katherine Oberholtzer, LCSW (kb.oberholtzer@oberholtz.com)
Co-chair, Chapter Ethics Committee

A group of NASW members with extensive experience of professional ethics, including educators, chapter Ethics Committee volunteers and executives, and staff of the national Office of Ethics and Professional Review, assembled at an Ethics Summit in DC late last year. Our goal was to examine the *Code of Ethics* in relationship to social work education, state laws and regulations, and contemporary practice conditions.

The conference affirmed that the *Code* offers social workers sufficient support towards ethical practice. In the ten years since it was extensively revised, it has become the national standard for social work ethics, and is even used internationally. The emphasis going forward is likely to be on improving social workers' skills in applying the *Code* to challenging practice situations, notably in sub-specialties and special populations. Research indicates social workers generally do not feel well prepared for the complexities of ethics in their workplaces, and are often reluctant to bring ethical questions to supervisors. Ethics education needs more attention, from academic curricula through fieldwork and supervision, up to and beyond licensure. A further recommendation is that NASW build connections with the Association of Social Work Boards and the Council on Social Work Education around ethics.

The chapter Ethics Committee has initiated an ethics "blog" on the chapter website, to invite and respond to members' questions, and we will continue to contribute to the national conversation on these issues.

Calling all Private Practitioners!

By Liz Towill, Private Practice Council Chair



Greetings! I have just been given the great opportunity to chair the Private Practice Committee, and am interested in what you think the group should do for you. For our next two meetings, which are traditionally held on the second Wednesday of every month, I welcome all Private Practitioners to come and join me for a chance to network and to share your ideas. I joined the group hoping to have the chance to meet other clinicians for networking. Is this an interest to you?

Here is what I want to find out from you:

What do you need? Did you know about the resource book? It was a boon to discover that the committee had produced a handbook which is available for new Private Practitioners. This was completed in 2004, and one possible project would be an update/expansion. If you have any ideas to share, they would be very welcomed. If you would like to receive a copy, the 2004 edition is available through the NASW Oregon Chapter office for \$25/copy.

Another suggestion has been to develop a consultation service for private practitioners (e.g. a pool of practitioners who would be willing to answer questions about the management of a private practice).

- Would you want to see a regular time scheduled for networking purposes, with no commitments implied?
- Would you like to be involved in a group that meets regularly to discuss practice issues?
- What advocacy efforts are needed?
- Should the Committee consider expanding to provide services for all clinicians?
- Are you interested in the possibility of co-chairing the group?
- Is there a training or workshop you would like to see provided?

Your opinion matters, and I look forward to hearing from you. Please feel free to call or write with your ideas and suggestions.

Come join us and introduce yourself, and bring your business cards/brochures! Our next meeting is at 5:45PM on March 14th at the NASW Chapter Office. I look forward to meeting you there!

Liz Towill, liz@liztowill.com (971) 219-6562

(s)He ↔ S(he)

Transgender Significant Others Group

Seeking help for someone thrown off balance in relating to a transgendered partner, child, friend or co-worker? Here is a safe setting to address the challenges, questions, feelings and thoughts such changes bring. We will discuss practical and archetypal aspects, issues of inner and outer identity, authenticity, and personal growth. Contact: **Bonnie McLean, LCSW, Jungian analyst - 503-221-7220.**

Aging & Disability Council

by Cindy Rapp, Interim Chair

The Aging & Disability Council (formerly known as the Elder & Disability Concerns Council) held a very productive meeting during February, thanks to the many talented and knowledgeable attendees. The Council discussed its mission and goals, and generated a list of concrete projects to be implemented in the future. We are excited to announce our first sponsored project, the Aging & Disability Council Breakfast Forums. The forums are being coordinated by Mary Muir, a fellow MSW intern. We hope to see you there!

The Council is committed to serving those who provide social work services to older adults and their families; those who are interested in working with older adult populations; and those who are retiring/retired from the profession. We are eager to hear about and meet your needs. We also encourage you to join the Council, as there are many exciting ways to be involved.

NEXT MEETING: March 20, 2007 from 6:00 to 7:30 p.m. at the NASW Chapter Office.

Please e-mail me with questions or concerns at rappc@pdx.edu, I would love to hear from you!

Special Reports and Legislative Priorities Regarding Older Adult Populations

The Aging & Disability Council is currently working on sharing electronic resources on the NASW Oregon Chapter website. In the meantime, the following important resources are worth a look:

NASW Center for Workforce Studies: Social Work Services for Older Adults

Assuring the Sufficiency of a Frontline Workforce: A National Study of Licensed Social Workers Special Report: <http://workforce.socialworkers.org/studies/aging/aging.pdf>

Governor's Commission on Senior Services

A CALL TO ACTION: http://www.oregon.gov/DHS/spd/adv/gcss/fltc_rpt.pdf

Riding the Wave: A Report on the Future of Long-Term Care in Oregon and Long-Range Planning for Oregon's Communities

2007 LEGISLATIVE PRIORITIES: <http://www.oregon.gov/DHS/spd/adv/gcss/home.shtml>

- Planning for the future of long-term care.
- Ensuring adequate treatment and training for older adult's mental health.
- Keeping elders safe in Oregon communities, free from threats of abuse.
- Developing effective supports for family caregivers.
- Providing adequate funding for existing services for seniors and people with disabilities.

Ethics Blog & Consultations

Resources Provided by the NASW Oregon Ethics Committee

The NASW Oregon Ethics Committee is pleased to announce a new member blog in which ethical questions raised from members, along with a response from the committee, will be posted. You can post comments or submit new questions to the committee. To view the ethics blog, visit www.nasworegon.org/Committees_Councils/EthicsCommittee/Blog.html

If you are a member with an ethical concern, the Ethics Committee is able to provide consultation. Please call the chapter office at 503-452-8420, or email your question/issue to stacey@nasworegon.org.

NASW Oregon Chapter Aging & Disability Council Spring Breakfast Forums

A networking and educational series for social workers in aging practice settings, taking place on the first Thursday of each month across the hall from the NASW Oregon Chapter Office.

April 5th, 2007

8:30AM-9:00AM

Coffee, Continental Breakfast & Networking

9:00AM-10:00AM

Presentation (1 CE Pending):

Elder Suicide Prevention

Presented by Lisa Millet, MSH

7688 SW Capitol Hwy.

Multnomah Arts Center, Room 10

Portland (Multnomah Village)

Free Parking in the Back Lot

Free for NASW Members, \$5 for Non-Members

To RSVP or for more information, contact Mary

Muir at muirm@pdx.edu

or call the chapter office at 503-452-8420

Save the Date!

Upcoming Spring Series Breakfast Forums:

Thursday, May 3rd • Thursday, June 7th

ERICKSONIAN APPROACHES TO BRIEF HYPNOTIC PSYCHOTHERAPY

Multi-level Training
available through

The Milton H. Erickson
Institute of Portland

Contact Bart Walsh, LCSW
(503) 293-1811

From the Regions & Districts

Columbia Gorge Brown Bag Lunch Series

JoElla Anglin, Region V Representative on the NASW Oregon Board of Directors, is pleased to announce a new brown bag lunch series in the Columbia Gorge area. The brown bag events will take place from Noon-1:30pm on the third Monday of every odd month beginning in March (Social Work Month). Bring your lunch, network with other Columbia Gorge social workers and earn 1 CEU.

Location:

Mid-Columbia Medical Center (MCMC)
Medical Office Building, Conference Room B
1700 E. 19th Street, The Dalles

Time:

12:00-1:30pm

Upcoming Events:

March 19th

***Working With Cancer Patients:
The Social Worker's Role***
(Nina VanEs, MSN, MS, ANP/GNP)

May 21st

Psychiatric Medications for Non-Prescribers
(Dr. James MacMillan)

To RSVP, help to plan Columbia Gorge District events or to participate as a speaker, contact JoElla Anglin at joellaanglin@charter.net or 541-296-1085.

Lane District Brown Bag Meetings

Lane County's Brown Bag Meetings feature speakers and networking for social workers wanting to get to know other professionals in Lane County.

1.5 CEs is usually offered at each event.

MEETING DAY/TIME: 1st Tuesday of the Month, 12:00PM-1:30PM

LOCATION: Holt International,
1195 City View, Eugene

CONTACT: Erica Freeman Hernandez,
NASW Lane District Chair
elfieher@gmail.com

Looking for Local NASW Activities?

Are you interested in planning NASW activities in your area? Consider becoming an NASW Oregon Chapter District Chair! The chapter office will help to support your efforts and will walk you through the steps of getting a District established.

We also have a limited amount of seed money available for event expenses to help you get started. Currently, we are looking for District Chairs in the following areas:

- Benton/Corvallis
- South Coast
- Douglas
- North Coast
- Central Oregon
- Central Coast
- North Eastern

If you have any interest, please contact the chapter office or email stacey@nasworegon.org.

JOIN US FOR A CELEBRATION OF SOCIAL WORK MONTH 2007!

Friday, March 16, 2007 11:45 am—1:30 pm

Community Meeting Room
Jackson County Library, 205 S. Central Avenue,
Medford

Complimentary luncheon and presentation on

Progressive Social Work:

***Brief History and Theory for Clinical
Social Work Practice***

by member Fanda Bender, LCSW (CA).

One (1) free CEU available.

**All Jackson/Josephine County social workers
(members and non-members of NASW) are welcome!**

The presentation of an award of \$500 will be gifted to a Jackson or Josephine County agency or program which exemplifies social work values and practices. Nominations of an agency/program will be solicited from Rogue District NASW members.

Sponsored by the Rogue District of NASW.

**To RSVP (by March 2nd please) or for more information
about this event,
contact gthiel@pdx.edu or 541-552-8111.**

NASW Oregon Workshops

Upcoming NASW Oregon Sponsored Workshops

By Luana Berens

Chair, Events & Conference Planning Committee

The following classes are being planned for Spring, Summer and Fall 2007.

Watch the website and your mail for details on classes as they are scheduled. Remember, the website is updated frequently while newsletter remains quarterly!

Social Work Month Open House and presentation by Susan Hedlund, LCSW, March 21st, 5-7pm. FREE with 1 CEU available. See article on Page 8 of this newsletter.

Collaborative Supervision with Susie Snyder in April/May and Nov./Dec. held in Portland and possibly an additional course held in the Rogue Valley.

Licensure Exam Preparation Course with varied presenters in April/May, Sept./Oct. and Nov./Dec. Two to be held in Portland, one in Eugene and one potentially in Bend.

Risk Management and Avoiding Lawsuits by NASW Insurance Trust with speakers from DC office, to be held in Portland and around the state.

A variety of other courses are in planning process including *Advanced Techniques in Group Therapy*, *Personnel Management*, *Integrating Ethics into Supervision*, *Setting Up a Private Practice*, and/or *Psychodynamic Supervision Models*.

We are also exploring movie nights as a fun way to network and earn CEU's, so stay tuned!

Anne Emmett LCSW is pleased to announce the expansion of her psychotherapy practice and is accepting new referrals for:

- **Individual Psychotherapy with adults.** Psychodynamic orientation (based on contemporary, relational psychoanalytic theory). Brief and longer term therapy available. Interest in life changes, relationship problems, families of the mentally ill, cultural issues and trauma.
- **Couples Therapy** – Collaborative approach. All sexual orientations welcome.
- **Consultation** – 20 + years experience in public mental health (inpatient and outpatient settings). Crisis work experience as well as individual therapy.
- **Supervision** for social work licensure.

Available day and evening hours.

516 SE Morrison St, Suite 510

Portland, OR 97214 Phone: 503-238-2405

Exploring the Iceberg: The Complexity of Latino Culture

Come explore how our definitions of culture, race, and ethnicity affect how we perceive ourselves and our environment/the world, how we interact within it, and how it affects our clients and the work we do together.

Friday, May 4th, 2007

8AM-4PM

Location: Willamette Valley Hospice
1015 3rd St. NW
Salem, OR 97304

Sponsored by:
Oregon Chapter NASW
6 CEU's Approved

Presenters:
Graciela Molina-Dacker, ACSW, LCSW
Wenonoa Spivak, M.Ed.

Next Statewide Conference to Be Held in March 2008

We are returning to a biannual conference, with plans to host a major or nationally known speaker during the in-between years. Our next statewide conference will take place in March 2008.

Do you have planning and organizational skills?

Are you interested in developing a dynamic conference to be attended by your fellow professionals?

If so, we need someone willing to co-chair the planning for the large conferences, if interested in helping, please contact the Chapter office or the Events Committee Chair, Luana Berens at LLBerens@comcast.net.

Are You Hearing from Us? Then We Need to Hear From You!

The NASW Oregon Chapter is communicating with members a lot by email these days. Don't miss out on important legislative updates and other announcements about Chapter events. Send your name and current email address to nasw@nasworegon.org.



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GENESIS SOUTHERN OREGON EDUCATIONAL CONFERENCE May 10 and 11, 2007

Thurs., May 10 • 8:30 a.m. to 5 p.m.

Dual Diagnosis in the US: New Connections for Diagnosis and Treatment

Pablo Stewart, MD

Psychiatric consultant and international speaker on psychiatric, substance abuse, and forensic issues, Clinical Professor of Psychiatry at UCSF Medical School.

Evolution of Pharmacotherapies in the Treatment of Addiction

David Smith, MD

Medical Director of the Prometa Center, past Medical Director of Haight-Ashbury Free Clinics, and the California Department of Alcohol and Drug Program, Adjunct Professor at UCSF Medical School.

Fri., May 11 • 8:30 a.m. to 5 p.m.

Connecting the Dots in Recovery

Earnie Larsen, MRE

International author and lecturer in the field of addiction recovery and originator of *Stage II Recovery*, whose books include *Destination Joy* and *Connecting the Dots*. Earnie's charismatic presentations offer a powerful understanding of self, change, the power of the past, healthy relationships, forgiveness and the inner child.

Chemical Dependency and Mental Health Treatment: The Role of Spiritual Care

Rev. Jim Clifford, MA

Guest lecturer and consultant at Genesis since 1989. Director of Mission, Ethics and Spiritual Care at Providence Medford Medical Center.

Conference Location

Smullin Health Education Center
Rogue Valley Medical Center Campus
2825 East Barnett Road
Medford, Oregon 97504
(541) 789-4148

Accommodations

- Discount hotel accommodations are provided by the Best Western Horizon Inn, \$72 per night.
- Reservations should be made before **April 23, 2007** to receive the special conference rate.
- Best Western Horizon Inn:
1-800-452-2255
or **(541) 779-5085**

Availability is limited—register today! (registration deadline is April 20)

Registration Fee

Register by phone:

1-800-872-0983 or (541) 789-4005

By Fax: (541) 789-4023

For Info: dtaylor@asante.org

Or mail this form with payment to:

Genesis, 600 S 2nd St.
Central Point, OR 97502

This conference is approved for 12 hours Continuing Education by:

- OR NASW 19-07-036
 CA BBS PCE 3916
 CAADAC 05-07-600-0507
 NAADAC 606
 OR Board of Pharmacy

Registrant Name (please print as it will appear on certificate)

Agency/Company

Address

City State Zip

Phone Fax (for confirmation)

E-mail Address (for confirmation)

One Day – \$75 Both Days – \$100

May 10 May 10 and 11

May 11

Method of Payment:

Amount: _____

Check enclosed – Payable to: GENESIS

Credit Card: Visa MC

Credit Card Number Exp. Date

Name on Card (please print)

Authorized Signature

Refund requests must be made in writing and be post-marked 04/10/07 or earlier for a full refund minus a \$10 registrar processing fee. Requests postmarked between 04/11/07 and 05/09/07 will receive a 50% refund. All refunds will be processed after the Conference.

07GEN024-NASW

Lunch provided each day of the conference. Please mark this box if you prefer a vegetarian meal



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Hillsboro Rehab & Specialty Care	(503) 648-8588
Mountain View Rehab & Living Center	(503) 656-0367
Clackamas Rehab & Specialty Care	(503) 656-0393
Gresham Rehab & Specialty Care	(503) 666-5600

For additional information visit our website.

www.avamere.com

Other CE Offerings

Items above the dotted line have been approved for CE by NASW's Continuing Education Committee; items below the line have been submitted for approval.

March 6, 12-1:30, "**Understanding Asperger's Syndrome**" sponsored by NASW Lane District, held in Eugene. Call 541-345-7010, free, 1.5 hrs.

March 9, 9-4:30, "**Modes of Therapeutic Action**" sponsored by MHREN, held in Medford. Call 541-245-2961, \$85-105, 6 hrs.

March 9, 9-4:30, "**Healthy Families: Advocacy in Action**" sponsored by Options Counseling services of Oregon, Inc., held in Salem. Call 503-390-5637, \$60, 6.5 hrs.

March 9-10, 6-9 & 9-5, "**Living Your Soul's Purpose: Wellness and Passion with Energy Psychology**" sponsored by Dynamic Energetic Healing Institute, held in Portland. Call 503-585-8992, \$275, 9.25 hrs.

March 9-10, 7:30-9:30 & 9:30-4, "**Trauma and Psychic Creativity**" sponsored by Oregon Friends of C.G. Jung, held in Portland. Call 503-223-3080, \$12-85, 6.5 hrs.

March 15, 8-12, "**Intro to Working with People in a Coma State**" sponsored by Hospice Center, held in Bend. Call 541-383-3910, \$25, 3.5 hrs.

March 16, 8-12, "**LGBTQ Meaningful Care Conference**" sponsored by Multnomah County Health Dept and others, held in Portland. Call 503-988-3030, \$25, 3.25 hrs.

March 16, 12:30-1:30, "**Progressive Social Work: Brief History & Theory for Clinical Social Work Practice**" sponsored by Rogue District NASW, held in Medford. Call 541-553-8111, free, 1 hr.

March 20 & 21, 8:30-5 & 8:30-12, "**Drug Endangered Children**" sponsored by Umatilla Co MDT & Union Co MDT, held in Pendleton. Call 541-276-6774, free, 10.25 hrs.

March 21, 6:30-7:30 pm, "**Resurrecting Hope: Envisioning the Future of Social Work Practice in Health Care**" sponsored by NASW Oregon Chapter, held in Portland. Call 503-452-8420, Free, 1 hr.

March 22-24, 9-2, "**Substance Use & Brain Development: Impacts & Interventions**" sponsored by Lane Co H&HS, SAMHA, LaneCare, Oregon DHS, March of Dimes, OR Education Association, Lane Co DHS, McKenzie Willamette Medical Center, OR Treatment Network, held in Eugene. Call 541-682-3650, \$295-325, 14 hrs.

March 30-31, 8:30-4 & 8:30-12, repeats April 27-28, May 25-26, "**Spirituality and Healing in Clinical Practice**" sponsored by Dr. Philip Shapiro NW Institute for Healing Power", held in Portland. Call 503-936-2546, \$225, 9 hrs.

March 30-31, repeats Nov 9-10, 9-6, Sacred Art of Dying, Unit Three "**Healing Spiritual Pain**" Sponsored by Sacred Art of Living Center, held in Redmond. Call 541-383-4179, \$295, 15 hrs.

April 6, 9-4:30, "**Cognitive Therapy for Psychosis**" sponsored by LaneCare, held in Eugene. Call 541-682-7262, \$60, 5.75 hrs.

April 10 or May 8, 12-1:30, "**Mindfulness Based Stress Reduction**" sponsored by NASW Lane District, held in Eugene. Call 541-345-7010, free, 1.5 hrs.

April 21-22 & 28-29, 9-5:15, "**Fundamental Hypnosis Training from an Ericksonian Perspective**" sponsored by The Milton H. Erickson Institute of Portland, held in Portland. Call 503-293-2822, \$325, 25 hrs.

April 25-27, 8:30-4:30, "**Collaborative Evaluation & Mediation**" sponsored by Oregon Family Institute, held in Hillsboro. Call 503-681-2174, \$450, 19.5 hrs.

April 28-29, 9-5:30, "**Death and Dying Workshop**" sponsored by AnamCara Foundation for Living and Dying, held in Portland. Call 503-201-9224, \$275, 12 hrs.

May 1 & 2, 8-3:30, "**Aging and Cognition**" sponsored by HEALTH ED, held in Eugene 5-1 and Portland 5-2. Call 800-839-4584, \$149, 6 hrs.

May 4, 1-5, "**Risk and Resiliency in Children of Separation and Divorce**" sponsored by Child Centered Solutions, held in Portland. Call 503-546-6383, \$75, 3.75 hrs.

May 4, 7:30-4, "**Exploring the Iceberg: The Complexity of Latino Culture**" sponsored by Oregon Chapter NASW & Willamette Valley Hospice, held in Salem. Call 503-452-8420, 6 hrs.

May 10-11, 8-5, "**New Connections: 2nd Annual Southern Oregon Educational Conference**" sponsored by Genesis, held in Medford. Call 541-789-4000, \$100, 12 hrs.

May 11-12, 9-6 Sacred Art of Living & Dying, Unit Two "**Diagnosing Spiritual Pain**" sponsored by Sacred Art of Living Center, held in Redmond. Call 541-383-4179, \$295, 12 hrs.

June 1, 9-4:30, "**Trauma & the Body: Theory & Practice**" sponsored by MHREN, held in Medford. Call 541-482-3328, \$85-105, 6 hrs.

April 5, 8:30-10, "**Breakfast Forum**" sponsored by NASW Oregon Chapter, held in Portland. Call 503-452-8420, 1 hr.

April 27-28 repeats Nov. 16-17, 9-6, Sacred Art of Dying, Unit Four "**Transforming Spiritual Pain**" sponsored by Sacred Art of Living Center, held in Bend. Call 541-383-4179, \$295, 15 hrs.

NASW, Oregon Chapter's Continuing Education application fees are:		
	regular applications	non-profit and not charging
1-16 hours of CE credit	\$105	\$55
17-25 hours	150	75
26-55 hours	200	100
56-99 hours	250	125
100-150 hours	300	150
151-200 hours	350	175
Repeat of conference (within 1 year)	40	20

Applications are to be submitted 4 weeks (20 business days) prior to the date of the conference. Completed applications received 2 weeks (10 business days or less) before the date of the conference will be assessed a late fee of \$25. Please call the chapter office at 503-452-8420 if you have questions.

Comprehensive Eating Disorder Treatment

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David Leventer, LPC, LMFT
 Joyce A. Korschgen, LPC



State Certified Mental Health Center
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www.abwcounseling.com

Calendar of Events

March

- 6 5:30 Student Taskforce, Chapter Office
- 8 5:45-7:15 pm, Legislative committee, 123 NE 3rd Ave., Ste 310, Portland
- 10 9-2:30 Board of Directors, 1077 Emanuel Hospital
- 13 5:30 Maternal/Child Health Council, 447 NE 47th Suite 200
- 13 5:45-7:15 Membership Committee, Chapter Office
- 14 5:30-7 Private Practice Council, Chapter Office
- 14 5:30-7 Nominations Committee, Chapter Office
- 20 6-7:30 Aging & Disability Council, Chapter Office
- 21 5-7:30 Social Work Month Open House & CE Event, Chapter Office
- 28 5:45-7:15 Legislative Committee, 123 NE 3rd Ave Ste 310, Portland
- 28 6-8 Pub Night (Location TBD)

April

- 5 6-7:30 Ethics Committee, Chapter Office
- 18 5:45-7:15 Legislative Committee, 123 NE 3rd Ave Ste 310, Portland
- 25 6-8 Pub Night (Location TBD)

May

- 9 Legislative Committee
- 30 Pub Night (Location TBD)

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MHREN

MENTAL HEALTH RESOURCE & EDUCATION NETWORK 2007 CONTINUING EDUCATION WORKSHOPS IN MEDFORD

Feb 2, 2007 • Daniel Wile, Ph.D.

Collaborative Couple Therapy: Turning Fights into Intimate Conversations

March 9, 2007 • Martha Stark, M.D.

Modes Of Therapeutic Action: Knowledge, Experience, And Relationship

June 1, 2007 • Pat Ogden, Ph.D.

Trauma and the Body: The Theory and Practice of Sensorimotor Psychotherapy

September 28, 2007 • David Calof, D.A.P.A.

Clinical Approaches to Chronic Self-Injury, Self-Mutilation and Self-Harm Syndromes

November 2, 2007 • Matt Modrcin, Ph.D.

Group Therapy: Process, Structure, and Ethical Considerations

COLLABORATIVE COUPLE THERAPY: TURNING FIGHTS INTO INTIMATE CONVERSATIONS

In clinical psychologist and author Daniel Wile, Ph.D.'s approach, the central therapeutic task is to move couples out of their spiral of alienation—their adversarial or withdrawn state—and into a cycle of connection. Participants will learn to: serve as each partner's spokesperson, scriptwriter, and advocate; turn problems into moments of intimacy; deal with couple gridlock. Role plays and videotapes will be included.

MODES OF THERAPEUTIC ACTION: KNOWLEDGE, EXPERIENCE, AND RELATIONSHIP

Psychoanalyst and Harvard Medical School Clinical Instructor in Psychiatry Dr. Martha Stark has developed a comprehensive theory of therapeutic action that integrates the interpretive perspective of classical psychoanalysis, the corrective-provision perspective of self psychology and other deficit theories, and the contemporary relational perspective. Her focus will be on the interface between theory and practice using numerous clinical vignettes and process recordings to demonstrate the three modes of therapeutic action.

TRAUMA AND THE BODY: THE THEORY AND PRACTICE OF SENSORIMOTOR PSYCHOTHERAPY

Somatic psychotherapy pioneer, author and Hakomi Institute co-founder Pat Ogden, Ph.D.'s Sensorimotor Psychotherapy integrates cognitive and somatic interventions in the treatment of trauma, emphasizing body awareness. Videotaped excerpts will demonstrate uncoupling trauma-based emotions from body sensations; client-therapist collaboration; teaching mindfulness; building somatic resources; and developing a somatic sense of self.

CLINICAL APPROACHES TO CHRONIC SELF-INJURY, SELF-MUTILATION AND SELF-HARM SYNDROMES

Highly regarded clinician and self-harm syndromes expert David L. Calof, D.A.P.A. will address typical motivational frameworks for self-injury among adolescent and adult survivors of abuse and neglect, along with guidelines and strategies for intervention illustrated with ample case material. Participants will engage in powerful supervised exercises designed to clarify their experience of client self-harm, explore idiosyncratic reactions, and identify and work through countertransference vulnerabilities in current practice.

GROUP THERAPY: PROCESS, STRUCTURE, AND ETHICAL CONSIDERATIONS

Matt Modrcin, Ph.D., LCSW, and PSU Professor and clinician with 30 years experience will focus on the possibility of change that group therapy offers through a relational experience. Group leadership is critical to encouraging group interaction, emotional connection, reflection, and attention to behavior that constrains or enhances relational capability. A framework incorporating attachment, systemic, and existential perspectives for understanding and working with group dynamics will be presented. Group structure, the use of process interventions to work with resistance, and ethical issues will be discussed.

For further information or fliers visit www.mhren.org or call 541-245-2961

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Lead Program Coordinator - FT - Benefit Eligible Metropolitan Family Service seeks an experienced full time Lead Program Coordinator for our Experience Corps program for older adults. Successful candidate will have MSW or MA and experience in human services field – such as education, social work, counseling or volunteer management. 5-7 years of experience in program coordination or management, including staff supervision. Experience with older adults is essential. Excellent communication, organizational and supervisory skills are needed. Salary dependent on experience. Excellent benefits available. Job #EC0122. Full job descriptions are available at www.metfamily.org. To apply please email resume and cover letter noting job number and salary expectations to humanresources@metfamily.org or fax at (503) 249-1480; or mail to MFS, 2200 NE 24th Avenue, Portland, OR 97212.

Part-time Program Coordinator - 20 hrs/week – Foster Grandparent program – Benefit Eligible Metropolitan Family Service is seeking an experienced part-time Program Coordinator for our Foster Grandparent program with older adults. Successful candidate will have a minimum of BA or BS in public service or human services related field; or equivalent experience. Experience working with older adults, volunteer management, recruitment, training and supervision and support of volunteers is preferred. Must have excellent computer skills working with Word, Excel and other Microsoft office programs. Excellent organizational, communication and supervision skills are essential. Job #FGP0123. Full job descriptions are available at www.metfamily.org. To apply please email resume and cover letter noting job number and salary expectations to humanresources@metfamily.org or fax at (503) 249-1480; or mail to MFS, 2200 NE 24th Avenue, Portland, OR 97212.

LCSW - Gresham High School, long term substitute (3-1-07 - 6-1-07) Minimum of a masters of Social Work degree and a Oregon state license for clinical social worker. For more info www.gresham.k12.or.us > Job Opportunities > Licensed Staff Job Postings.

Program Associate – FT – Experience Corps program – Benefit Eligible Metropolitan Family Service is seeking an experienced full time Program Associate for our Experience Corps program with older adults. Successful candidate will have a minimum of BA or BS in public service or human services related field; or equivalent experience. Experience working with older adults, volunteer management, recruitment, training and supervision and support of volunteers is preferred. Must have excellent computer skills working with Word, Excel and other Microsoft office programs. Excellent organizational, communication and supervisory skills are essential. Job #PA0124. Full job descriptions are available at www.metfamily.org. To apply please email resume and cover letter noting job number and salary expectations to humanresources@metfamily.org or fax at (503) 249-1480; or mail to MFS, 2200 NE 24th Avenue, Portland, OR 97212.

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