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# the nexus

*Newsletter of the National Association of Social Workers, Oregon Chapter*

## Oregon Social Workers, It's Time to Speak Up

Recent national studies have indicated that professional social workers are facing more challenges than ever. We need data on social workers in our state! The Oregon Social Work Reinvestment (SWR) Taskforce needs to hear from you. We are asking you to participate in a brief workforce survey by September 17th, 2008. We will use the information you provide about salaries, student loan debt, reimbursement rates and other workforce trends to educate the media, and to influence Legislators and other stakeholders to support social workers and the individuals, families and communities we serve.

**To take the survey**, visit [www.nasworegon.org](http://www.nasworegon.org) and look for link under the announcements section on the homepage. The survey should take about 10-15 minutes to complete and has been approved by the National NASW Institutional Review Board.

Please spread the word to your social work colleagues and encourage them to participate. There is power in numbers, but there is also power in data!



*The goal of the Social Work Reinvestment (SWR) Initiative is to secure federal and state investments in professional social work to enhance societal well-being. The Oregon SWR Initiative is sponsored by the National Association of Social Workers, Oregon Chapter.*



**Social Workers**  
Help starts here.

## National Social Work Finder

*Helping Consumers to Find Local Social Workers*

As part of the national social work public education campaign, NASW has created a consumer website that promotes the breadth and depth of social work practice. The new site, [www.helpstartshere.org](http://www.helpstartshere.org), has been widely promoted to the public through national and statewide efforts. It offers valuable advice and resources from professional social workers on current consumer-interest topics, such as depression, domestic violence, end-of-life care, and much more.

→ Find a Social Worker

Most importantly, an important feature of this new site is a user-friendly tool that helps consumers to locate social workers in their area. NASW worked in collaboration with HelpPRO, an online referral service, to develop the new search tool. A professional social worker and long-time NASW member owns the service. By registering, you will be part of a comprehensive resource that helps consumers, hospitals, schools, physicians and others find social work services easily. The direct benefit for you and your practice/organization is an increase in quality referrals. People looking for professionals with precisely your skills, training and expertise will be able to find you quickly online.

**Currently, less than one hundred licensed social workers from Oregon are listed on the directory.** The introductory first year listing fee for NASW members is only \$25. As the efforts of the Social Work Public Education Campaign continue nationally and locally, make sure that consumers are able to locate you, whether you are in private practice or an agency setting. Visit [www.naswfoundation.org/SocialWorkFinder.asp](http://www.naswfoundation.org/SocialWorkFinder.asp) to register, or call HelpPRO at 800-652-0155.

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## From the Executive Director

Happy fall NASW members! I hope that you enjoyed the summertime and all that it had to offer. Growing up in Los Angeles didn't offer the seasonal experience that I have grown to love after living on the east coast and now in the northwest. Fall is a truly magnificent and colorful season, as well as an adjustment period that bridges the long, warm summer days to the inevitable shorter, colder days of winter.



**Stacey Skala Orr**  
Executive Director

I have just returned from Delegate Assembly. This important meeting, which traditionally takes place in D.C. every three years, is the event at which elected delegates from the 56 NASW Chapters vote on amendments to our Bylaws, Code of Ethics, and to approve new and revised public policy statements which appear in *Social Work Speaks*. This year, the format of Delegate Assembly was a virtual meeting, and our Chapter delegates (Luana Berens and Larry Betcher) and I decided to team up with the Washington state delegates to combine the online and face-to-face experience. It was a productive two-day event filled with engaging discussions that ultimately brings together a diverse group of NASW leaders to act on behalf of the organization and the profession.

As you'll see on the front cover of this issue, we need to hear from you! The Oregon Social Work Reinvestment (SWR) Taskforce has crafted a workforce survey to better understand demographics, salaries, student loan debt, reimbursement rates, and other trends as experienced by Oregon's social workers. This information will be used to guide our reinvestment efforts and will be shared with a variety of stakeholders and decision-makers. Stay tuned for a summary of the results in an upcoming issue of *The Nexus*.

This summer, we oriented our new board members at our first meeting of the fiscal year. In addition, our BSW Student Representative (Emily Noack) has been building our online presence on social networking sites such as MySpace and Facebook. The goal is to reach out and connect with our students and younger professionals using a platform that is familiar and widely used by this generation.

Later this month, we will hold our annual leadership retreat where our Chapter leaders will come together to determine a fiscal year action plan to support the goals in our strategic plan. In looking ahead, the fall will promise to be filled with excitement as we prepare for the upcoming elections. On that note, please consider supporting our political action efforts. By pooling small contributions from social workers across the state, our Social Workers Political Action Committee (SWPAC) is able to give targeted contributions on behalf of the profession to candidates that we have interviewed and support social work values.

In addition, we have announced our fall workshop calendar (see pg. 12), are in the process redesigning our website, and will be gearing up for the 2009 legislative session as well as a variety of happenings already planned for spring. As they say, never a dull moment!

## From the President

My name is Larry Betcher and I'm the newly elected President of the NASW-Oregon Chapter. My term runs until 6/30/2010. I'm honored to be leading an organization of 1,750 social workers. I believe as social workers, we have unique skills and training that separate us from other professions. For example, while other professions are trained in counseling, there is little attention given to social change and other macro issues. The core values of



**Larry Betcher**  
Chapter President

addressing social problems and challenging social justice are foreign concepts to most other helping professions. We have a unique way of looking at people in their personal and social environment.

My goals for the next two years are as follows:

**Provide the support and resources that our executive director needs to carry out her duties.** We have an extraordinarily skilled executive director who has the vision and experience to move the chapter towards growth and development but is hampered by lack of time and resources.

**Increase our non-dues revenue.** Approximately 60% of our revenue comes from member dues, which has hovered at around 1,700 members over the last several years, but may decrease sharply as our biggest age group, baby boomers, reach retirement age.

**I want to attract and retain professionals just entering the field.** To do that, we need to increase our relevancy and frankly be more hip. The use of Web 2.0 technology, the redesign of our website, and the use of social networking tools such as Myspace and FaceBook are examples.

**I want to recruit a new generation of chapter leadership.** Being on the board of directors is a great way to network with other professionals, advance the social and professional issues we care about, and share new ideas and visions. Please contact Stacey or I if you would like to learn more about serving on a committee or on the board.

**I'd like to increase our collaboration with our professional organizations such as the ACCBO (Addiction Counselor Certification Board of Oregon).** We often have common goals and working collaboratively can better utilize our scarce resources.

**I'd like to see the chapter continue to build relationships with the faculties of the schools of social work and to be available as a resource to students in terms of the experience that many of our professionals have.** We have a lot of wisdom that could benefit and inspire students.

**I'd like to increase our presence in the media.** We have a wealth of knowledge in human behavior and social change that is largely untapped or ignored by the media. It's time for us to let our expertise be known!

I hope all of you had a great summer. I'd like to end by offering a special thanks to our outgoing president Luana Berens. Luana steered us through a time of immense change and left the chapter on solid footing. She is a tough act to follow, but I will do my best.

# NASW Oregon Chapter FY 08-09 Board of Directors



*Larry Betcher, President*

I graduated from the Boston University School of Social Work in 1993 and have been a LCSW since 1995. I am currently in charge of the PSRB program at Providence. I have served on the NASW board since 7/03. As President, I hope to recruit social workers just entering the workforce.



*Dave Olson, 1<sup>st</sup> Vice President*

Over the course of my social work career I have worked to improve the lives of the elderly and disabled. I did this while working for the State of Oregon in what is now called Seniors and People with Disabilities. I have also worked as a Medical Social Worker for Home Health and currently for Willamette Valley Hospice. I have been involved with NASW Oregon since the middle 90's.



*Donna Arriaga, 2<sup>nd</sup> Vice President*

I am interested in helping to strengthen our profession by engaging current and emerging social work professionals in ongoing education, communications and networking opportunities. Skills I bring to the team include a working knowledge base and interest in using new technologies and social media tools to connect social workers. The goal... make it easier for us to bring about positive social change!



*Simon Paquette, Treasurer*

My career has involved financial and policy management as well as clinical services. I want to give back with my experience and knowledge of board membership to the profession of Social Work. I hope to contribute whatever skills necessary to the success of the chapter and profession.



*Aimee Coughlin, Secretary*

Advocacy, organizing for social change, education and community service have all motivated Aimee's involvement in the NASW. Aimee is a proud alumna of Whittier College and the University Of Michigan School Of Social Work. Aimee is a social worker at the Portland VA Hospital and runs a private therapy practice.

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*Liz Stuart, Region I Representative*

I earned my BSW from the University of Portland, class of 2006. I work at Bradley-Angle House, a domestic violence shelter in Portland. I am in my second year on the NASW Board, where I try to represent not only my region but young social workers like myself who are still finding their way around the profession.



*Meghan Thivierge, Region I Representative*

In May of last year I received my Bachelors of Social Work from the University of Portland. While in school I had the opportunity to work with the board for the first time as the BSW representative. Currently, I am in the advanced standing MSW program at Portland State University. I am looking forward to working with board again this year as a Region 1 Representative.



*Chareundi Van-Si, Region I Representative*

Chareundi is a Program Manager of Multnomah County Workforce Development, and has been in the field of social work since 1978. He once served as the region 1 rep in the mid 90's, now returning before retiring. Chareundi believes in "listening, learning and being truly open to the world around him".



*Catherine Beckett, Region II Representative*

Catherine Beckett has been working with clients across the life span since 1993, in diverse settings including schools, hospitals, community agencies, shelters, and even Outward Bound courses. She served as National Program Director for Friends of the Children until 2007. Currently in private clinical practice, she also teaches social work courses at Portland State University and the University of Portland.



*Don Didier, Region II Representative*

I have been on the board of the Oregon Chapter of the National Association of Social Workers for a year. I have also been appointed as an alternative to the National Ethics Committee. I chose to run for the board because it is my duty as a social worker to give back to the profession and to advocate that the profession of social work and that social workers are seen as integral and necessary to a well functioning society.



*Sara Westerfeld, Region II Representative*

I've been a member of NASW since 2004. In my current position my goal is to create an environment of participation and involvement among members. I look forward to meeting you at one of our monthly Metro Networking nights and acting on behalf of your concerns and interest.

*(cont'd on next page)*

## NASW Oregon Chapter FY 08-09 Board of Directors



*Char Tong, Region III Representative*

Social Work has offered me a multitude of challenging professional opportunities. My exposure has been extensive and very rewarding. I have great pride in my chosen field and feel that participation on the NASW Board extends this sense of pride and the opportunity to contribute to yet another level.



*Dennis Heath, Region III Representative*

After graduating from Portland State, I went to a Lutheran Seminary in Dubuque, IA. I was there for six years. I had a couple of parishes in the midwest. I then attended Kansas University, and received my Masters in 1971. I worked at a Mental Health Center in Kansas City, Mo. I then came back to Oregon and worked with persons with DD at Fairview. I am serving on the board to give back to NASW for the many opportunities given to me.



*Victoria Bones, Region IV Representative*

Victoria Bones is a Patient Advocate for a Regional Trauma Center and has a private practice. She has been a longtime advocate for children and families, as well as adults. Victoria is serving her second term as a Regional Representative on the board and is active with the Rogue Valley District.



*JoElla Anglin, Region V Representative*

This is my second term as the representative for Eastern Oregon. I am a LCSW currently in private practice. My other experience includes community mental health in Oregon as well as medical social work (hospital based, home health, and hospice), and juvenile justice. I am pleased at the opportunity to advocate for the profession that is so much a part of who I am!



*Raina Banu-Clayton, MSW Student Representative*

I am a student in the School of Social Work at PSU. I am also a former school teacher with a strong commitment to social justice. I believe passionately in the work we do as social workers and in the NASW's capacity to support us in these endeavors. I look forward to an exciting year as your representative.



*Emily Noack, BSW Student Representative*

Emily Noack is a senior in the social work program at the University of Portland, with an internship at a local hospice agency. She also works at a domestic violence shelter, and is the online marketing intern for NASW Oregon chapter. Emily plans to enroll in an MSW program next fall.

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## Legislative / SWPAC Updates

### Results from the Legislative Priorities Survey

By Jessica Ritter, Legislative Committee Chair



Over the summer, NASW Oregon members were surveyed by email to help provide direction to the Legislative Committee regarding what our legislative priorities should be in the upcoming 2009 legislative session. 175 social workers responded to the survey for a 15% response rate (based on the number of NASW members with valid email addresses). This survey yielded some important and useful findings.

Survey respondents ranked the following 4 issues as *most important*:

- Social work practice regulation (55%)
- Health care reform (50%)
- Hunger/poverty (38%)
- Mental health/chemical dependency (37%)

When asked about specific issues, by various field of social work practice, the following were identified as high priority:

- Healthcare coverage for children and youth
- Marriage equality efforts for same sex couples
- Repealing aspects of Measure 11, which allows judges more discretion in sentencing
- Ensuring that healthcare reform includes mental health coverage
- Affordable housing
- Increasing the Corporate Minimum Tax and establishing a sales tax
- Student Loan Relief for social workers

Various questions were asked to gather information about a proposed Social Work Practice Act which would (1) define the practice of social work, (2) expand licensing requirements to include Bachelor's and non-clinical Master's level social workers, and (3) include title protection for social workers.

- The majority of respondents agreed with the definitions of social work practice that were provided;
- Eighty-six percent agreed with the concept of expanding the regulation and licensing of social workers in the state of Oregon; and
- Half of respondents would not support a Practice Act that would exempt state employees.

Thanks so much to each member who took the time to respond to this survey!

If you are interested in joining the Legislative Committee listserv or in being available to provide oral or written testimony during the 2009 Legislative session, please contact Jessica Ritter, Chair, at [jritter@pacificu.edu](mailto:jritter@pacificu.edu)

## Social Justice at Stake: The Push for Increased Mandatory Minimums

By Sarah Ross, Legislative Committee Member



Expanding Oregon's reliance on incarceration fails to address the root causes of crime<sup>1</sup>. Incarceration is proven ineffective in long-term rehabilitation and longer sentences increase rates of recidivism<sup>2</sup>. As social workers, we have a duty to advocate for legislation that offers real solutions, not band-aid fixes that subsequently cause more harm in the lives of people, disproportionately impacting people living in poverty and people of color<sup>3</sup>. This November, Oregon voters will have the opportunity to vote on two ballot measures, impacting the sentencing practices of Oregon's criminal justice system. Despite a sharp decline in property offenses in Oregon in the past two years, both ballot measures target property and drug offenses<sup>4</sup>. Ballot Measure 61, created and promoted by Kevin Mannix, would expand the scope of mandatory minimum sentences to include *first time* drug and property offenses. Ballot Measure 57, created in response by the Oregon Legislature, would allocate increased funds for drug and alcohol treatment programs, as well as community-based corrections programs. Although this legislative referral would make harsher the treatment of individuals charged with some drug and property offenses, it rejects the application mandatory minimums<sup>5</sup>.

Resulting from the passage of Measure 11 in 1994, Oregon's justice system currently applies mandatory minimum sentences to a number of person-to-person offenses<sup>6</sup>. Mandatory minimums were introduced as a means for deterring crime. Instead, they eliminate the discretion of a judge, removing the judge's ability to take into account during sentencing the circumstances surrounding a crime. The power taken from judges is now in the hands of prosecutors. A report assessing the impact of Measure 11 in Oregon, conducted by the RAND Corporation in 2004, concluded that although incarceration rates due to Measure 11 convictions have not increased significantly, there has been a huge spike in the number of people taking guilty pleas to "Measure 11-alternative" convictions<sup>7</sup>. This finding indicates the ineffectiveness of Measure 11 as a deterrent, while highlighting the increased use of intimidation by the District Attorneys. Prosecutors, whose obligation is to make criminal convictions, often coerce individuals charged with Measure 11 crimes to plead guilty to a lesser crime, to avoid going to trial and facing a mandatory minimum sentence.

In addition to shifting judicial power to prosecutors, the passage of Measure 11 resulted in young people ages 15 and older being processed through the adult criminal court when charged with Measure 11 crimes<sup>8</sup>. A plethora of research proves the ineffectiveness and detriment of prosecuting young people as adults<sup>9</sup>. Young people in the adult system are more likely to recidivate, to be exposed to higher risk and criminal behaviors, to be victims of sexual assault, and to commit suicide while serving time. Instead of reducing the number of young people committing crime, the adultification of youth hardens them into a life with increased criminality and less opportunity for rehabilitation.

Expanding the scope of crimes included in Oregon's mandatory minimum sentencing legislation would exacerbate these issues. If

(cont'd on next page)

Measure 61 were to pass, in the first three years, the state prison population would increase by an estimated 6000 people. This would require construction of up to three new prisons in Oregon. According to the Oregon Criminal Justice Commission, the estimated cost of the measure, excluding prison construction, would cost Oregon taxpayers between \$250 and \$400 million per biennium<sup>10</sup>. In addition, this ballot measure allots no money for drug treatment or community-based programs.

The Oregon Legislature's response, Measure 57, would require that first time drug and property crime offenders be processed through community-based programs, similar to drug court. Second time offenders would serve prison time, but contrary to with Measure 11 convictions, while imprisoned, these people would have access to drug treatment and earned time. Although, this referral does extend sentences for individuals convicted of manufacturing or dealing large quantities of drugs, it creates no mandatory minimums, allowing for judicial discretion and reward for good behavior.

The criminal justice system impacts not only people charged with crimes, but affects children, families, and communities. Social workers ought to play an active role in pushing the system towards one that is more just. In this upcoming election it is important that voters become educated as to the real impacts of these ballot measures, motivated to create a system that is *smart* on crime, not merely tough on crime. I urge you to work to defeat Mannix's Mandatory Minimum Measure by voting NO on Measure 61 and **YES on Measure 57**.

*Note: This article is an opinion piece from one of our members active on our Legislative Committee. NASW Oregon Chapter will be making official ballot measure endorsements this fall. Announcements will be made via email blasts and in the 2008 NASW Oregon Chapter Voter's Guide.*

<sup>1</sup> See Pew Center on the States. (2008). *One in 100: Behind bars in America 2008*. Washington, D.C.: Jenifer Warren.

<sup>2</sup> See Pew Center on the States. (2008). *One in 100: Behind bars in America 2008*. Washington, D.C.: Jenifer Warren; and, Richards, S. C. & Jones R. S. (2004). Beating the perpetual incarceration machine: Overcoming structural impediments to re-entry. In S. Maruna & R. Immerigeon (Eds.), *After crime and punishment: Pathways to offender reintegration* (pp. 201-232). Portland, OR: Willan Publishing.

<sup>3</sup> See Livingston, K.D. & Turetsky V. (2007, July/August). Debtor's prison—Prisoners' accumulation of debt as a barrier to reentry. *Clearinghouse REVIEW Journal of Poverty Law and Policy*, 187-197; Legal Services for Prisoners with Children. (2006). *People of color and the prison industrial complex: Facts and figures at a glance*. San Francisco, CA. Retrieved May 11, 2008 from [www.prisonpolicy.org/factsheets.html#Racial\\_Disparities](http://www.prisonpolicy.org/factsheets.html#Racial_Disparities)

<sup>4</sup> See Denise. (2008, February). *Comparing legislative property crime ballot measure to Mannix's mandatory minimum measure*. Partnership for Safety and Justice. Retrieved July 19, 2008, from <http://www.safetyandjustice.org/node/1183/print>

<sup>5</sup> See Denise. (2008, February). *Comparing legislative property crime ballot measure to Mannix's mandatory minimum measure*. Partnership for Safety and Justice. Retrieved July 19, 2008, from <http://www.safetyandjustice.org/node/1183/print>

<sup>6</sup> See Merritt, N. (2004, December). *Oregon's Measure 11 sentencing reform: Implementation and system impact*. Unpublished Research Report. RAND Public Safety and Justice. Retrieved October 15, 2006, from [http://www.rand.org/pubs/technical\\_reports/TR142/](http://www.rand.org/pubs/technical_reports/TR142/)

<sup>7</sup> See Merritt, N. (2004, December). *Oregon's Measure 11 sentencing reform: Implementation and system impact*. Unpublished Research Report. RAND Public Safety and Justice. Retrieved October 15, 2006, from [http://www.rand.org/pubs/technical\\_reports/TR142/](http://www.rand.org/pubs/technical_reports/TR142/)

<sup>8</sup> See League of Women Voters of Oregon. (1999). *Effects of Measure 11 on juvenile justice in Oregon*. Retrieved November 11, 2006, from <http://lwv.or.org/documents/JuvenileJustice2000.htm>; and, Merritt, N. (2004, December). *Oregon's Measure 11 sentencing reform: Implementation and system impact*. Unpublished Research Report. RAND Public Safety and Justice. Retrieved October 15, 2006, from [http://www.rand.org/pubs/technical\\_reports/TR142/](http://www.rand.org/pubs/technical_reports/TR142/)

<sup>9</sup> See Annie E. Casey Foundation. (2008). *A road map for juvenile justice reform*. Retrieved June 12, 2008, from <http://www.aecf.org/KnowledgeCenter.aspx>; and, Children's Action Alliance. (June, 2003). *Prosecuting juveniles in the adult criminal justice system: Key issues and recommendations for Arizona*. Retrieved August 3, 2008 from <http://www.aecf.org/KnowledgeCenter.aspx>

<sup>10</sup> See Denise. (2008, February). *Comparing legislative property crime ballot measure to Mannix's mandatory minimum measure*. Partnership for Safety and Justice. Retrieved July 19, 2008, from <http://www.safetyandjustice.org/node/1183/print>

## Social Workers Political Action Committee

### Support our Political Action Efforts!

As the political arm of the NASW Oregon Chapter, the Social Workers Political Action Committee (SWPAC) is committed to making sure that the voice of social work is represented in the Oregon Legislature. SWPAC is currently conducting interviews with candidates to find out where they stand on issues in line with our professional values.

By pooling small contributions from many social workers all across the state, SWPAC is able to give modest, but significant, campaign assistance to targeted candidates who support social work issues.

Donate today at: [http://www.nasworegon.org/political\\_action/donate/swpac.html](http://www.nasworegon.org/political_action/donate/swpac.html)

### Donate now and get every cent back!

In Oregon, individuals can give up to a total of \$50 per year (couples filing jointly \$100) to political action committees, and get every cent back when they file their taxes.

## Supervision Group

Ongoing for clinicians needing to meet LCSW or LPC requirements as well as for those seeking to continue post-licensure consultation. Individual supervision in addition to group is also available. Our focus is to be of service to your total professional development, not just the refinement of clinical skills.

We offer a broad combined clinical background serving adults, adolescents, children and families. Additionally we provide a specialized care focus for trauma survivors and those with addiction issues. Experienced working within managed care, employee assistance, public agency and hospital systems and working with both short term and intensive longer term psychotherapy models.

For further information please contact co-leaders:

Steve Hand LCSW (503) 590-7029  
Donald Mann LCSW (503) 228-1939

BC/40



## General News & Updates

### Clinical Social Work Practice Update: 2008 Medicare Bonus Incentive Program for Clinical Social Workers

By Mirean Coleman, LICSW, NASW Senior Policy Associate

A quality reporting system for Medicare providers was established by the Tax Relief and Health Care Act of 2006 (TRHCA). The program is known as the Physician Quality Reporting Initiative (PQRI) and was first implemented during the period of July 1, 2007 through December 31, 2007.

The final rule of the 2008 Medicare Physician Fee Schedule continues the PQRI for 2008 and includes a 1.5 per cent bonus incentive payment of total allowed charges for Medicare covered services. To receive the bonus payment, providers must report quality measures on claims and correctly file these claims for reimbursement. Participation in the PQRI is optional at this time for clinical social workers and other Medicare providers. Since Medicare is moving towards a pay-for-performance system, all Medicare providers may eventually be expected to report quality measures to receive payment.

For 2008, there are a total of 119 measures available for use by Medicare providers. Six of these quality measures are for use by clinical social workers. Three of the six new measures were developed by Quality Insights (QI) of Pennsylvania, a Medicare contractor, in consultation with NASW and the American Psychological Association. NASW members participated in alpha and beta testing to validate the appropriateness of the measures in social work practice. The three measures are:

- screening of depression
- screening of cognitive impairment
- co-development of treatment plan

An additional three measures were developed through the American Medical Association Physician Consortium for Performance Improvement (PCPI) and the American Psychiatric Association. They are:

- patients who have major depression disorder who meet the DSM-IV criteria
- patients with major depression disorder who are assessed by suicide risks
- antidepressant medication during acute phase for patients with new episode of major depression

## Men's Therapy Group

*for adult survivors of sexual abuse.*

Current openings. Group continuous since 1987. Portland metro area. Also individual, couples and consultation and training on male sexual abuse issues. Contact Donald L. Mann, LCSW, 503-228-1939, or email [dmann@spiritone.com](mailto:dmann@spiritone.com).

Reporting for the 2008 Medicare bonus incentive program has been simplified through the development of reporting tools which have been designed by the AMA and several other groups including the Centers for Medicare and Medicaid Services (CMS) and the National Committee for Quality Assurance (NCQA). There are three reporting tools for each of the six quality measures to assist clinical social workers in successfully reporting the measures for reimbursement. The documents are:

*Measure Description* – This informational sheet describes the measure, what information to report, and how frequently to report it. It helps clinical social workers to determine whether they would like to use the measure.

*Data Collection Sheet* – This data sheet is a tool for clinical and billing use. It helps clinical social workers record the required clinical information and select the appropriate measurement code.

*Coding Specifications* – This coding specification sheet includes a list of ICD-9-CM and CPT codes to identify eligible patients for the measure. This tool is used with the data collection sheet to help determine the reimbursement codes to report.

The tools for each of the six codes are located online at [www.cms.hhs.gov/pqri](http://www.cms.hhs.gov/pqri). It is not too late for clinical social workers to begin reporting measures for 2008. The deadline for filing claims to receive the 2008 bonus incentive payment is February 28, 2009.

NASW is advocating for additional measures for clinical social workers in order that they may have a variety of measures to choose from when participating in the bonus incentive program. An expert work group of clinical social workers is working with QI and CMS to develop additional measures for use in 2009 by clinical social workers.

Additional information on the PQRI is available online at the following CMS Web page: [www.cms.hhs.gov/pqri](http://www.cms.hhs.gov/pqri)

## FETAL ALCOHOL SPECTRUM DISORDERS: INTO ACTION

### A Three-Day Intensive Training

Facilitator: Diane V. Malbin, MSW

**November 20-22, 2008 9:00 am – 4:00 pm**

The Mark Spencer Hotel, Portland, OR

*Register early – Fills quickly  
NASW Approved for 19.5 hours*

For information: **Call FASCETS: 503- 621-1271**

Email: [wtemko@fascets.org](mailto:wtemko@fascets.org)

Website: [www.fascets.org](http://www.fascets.org)

**(See Training Schedule page)**

## Social Networking Online: The Satellite to Success

By Emily Noack, BSW Student (pictured)



Web 2.0 websites are an interactive tool to connect online communities through social networking. Today, nonprofit organizations increasingly use social networking sites such as MySpace and Facebook to communicate with others and share information. The purpose of social networking websites is to generate informative and responsive platforms conducive to the new age of computer savvy students and professionals. By creating profiles available to an online network of thousands, NASW can engage the community in an effective and innovative way.

To spread the message of NASW, the Oregon Chapter has created engaging and informative profiles of the organization on social networking sites. By simply viewing a profile, one has access to the organization's mission, political announcements, upcoming events, and photos. Additionally, relevant campaign videos such as "Any Given Day" are available, thereby exposing advocacy films to a larger audience of potential supporters and like-minded organizations. Because the platforms include bulletin posts and forum topics, the profiles are interactive and promote participation. From any computer, users are able to share their opinions, insights, experiences, and ideas. This word-of-mouth marketing increases interest in many issues related to NASW and the social work profession.

A successful social networking platform must incorporate the image of NASW into its content. Each profile includes a link to NASW Oregon's homepage increasing online traffic to the website,

thereby making it searchable and discoverable. With reachable content, it is important to inspire and motivate others to take action. As a nonprofit organization, support and fundraising are crucial to growth, and as such, fundraising widgets and links to our legislative donation pages can be integrated into each platform. Then, the masses of "friends" acquired from social-networking websites have the tools and power to directly support the organization through donations and indirectly support us by fundraising for a cause they care about. Imagine the possibility of 500 supporters raising money on our behalf.

Within the first week of creating a Facebook profile, NASW Oregon Chapter received encouraging messages from Oregon residents who were previously unfamiliar with NASW. These messages are prime examples of how online marketing reaches beyond its borders to the community at large:

- "I am not a social worker by education or credentials, but what I do each day is in line with social work values. I would love to join, is this an option?"
- "I have been thinking a career in social work is the path for me, where can I find more information?"

Profile pages on social networking sites serve as satellites, sending signals that spread the word about the local chapter and the impact of social work. Because online marketing is accessible with the simple click of a mouse, operative growth of our social network is possible. Adopting marketing efforts to the technological practices of the current generation, online social networking reaches the younger generation of those who will carry the social work profession into the future. After all, the popular marketing of today drives the interest and business of tomorrow.

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## GESTALT THERAPY TRAINING CENTER—NORTHWEST 2008-2010 TWO YEAR TRAINING PROGRAM

\*Applications now available—program begins fall '08

\*All levels of clinical experience welcome

\*Six weekend format includes therapy demonstrations, and supervised practice to enhance strengths/develop new skills

**With over fifty trainees currently enrolled in our programs, we are a growing and vibrant professional community. Join us! For more information/application visit us on the web at [www.gttnw.org](http://www.gttnw.org) or call 503 230-0900.**

Faculty **EVA GOLD, MSW, PSY.D. & STEVE ZAHM, PH. D.**, each bring over thirty years of clinical experience, extensive training in and knowledge of contemporary Gestalt therapy, and a love of teaching to the training process. They have both written extensively on Gestalt therapy theory and practice, and have trained and presented nationally and internationally.

**GESTALT THERAPY TRAINING CENTER—NORTHWEST is approved by the AMERICAN PSYCHOLOGICAL ASSOCIATION to offer continuing education for psychologists. GTTC-NW maintains responsibility for the program and its content.**

## Legal Spotlight

### One Common Mistake Regarding Subpoenas

By Robert E. Sinnott, JD

When a social worker receives a subpoena, he or she may feel stuck between the ethical and legal duty of client confidentiality and the threat of contempt of court for noncompliance with the subpoena. We generally advise social workers that they need to respond to a valid subpoena. Since social workers must safeguard the confidentiality of client health information from invalid requests to view their records, social workers need to ensure that a subpoena meets the requirements outlined in both Oregon and federal statutes.

Due to the law's relative complexity regarding requests for health records, subpoenas issued for health records often contain defects that may adversely affect the validity of the subpoena. One common mistake in state court proceedings involves noncompliance with Oregon Rule of Civil Procedure 55H, which governs requests for health records in Oregon state courts. To comply with Rule 55H, the attorney issuing the subpoena must attach to the subpoena either: 1) a "qualified protective order" (less common), or 2) an "affidavit or declaration" with certain, attached documentation (more common).

For the first (less common) option, the attorney issuing the subpoena must attach an order issued by the court. The order must prohibit the parties to the underlying litigation from "using or disclosing individually identifiable health information for any purpose other than the litigation for which such information was requested ...." The order must also require the parties to either destroy or return the records once the litigation terminates.

For the second (more common) option, the attorney issuing the subpoena must provide an affidavit or declaration attached to supporting documentation. The affidavit or declaration and supporting documentation must demonstrate that: a) the attorney made a good faith attempt to provide written notice to the client advising him or her of the right to object within 14-days; b) the written notice to the client included a copy of the subpoena received by the social worker, with sufficient information about the underlying litigation to permit the client to object; and c) the client did not object within 14 days, or, if the

client did object, the parties resolved the objection. These three requirements must be stated in the affidavit or declaration and must be evidenced in supporting documentation. The attorney issuing the subpoena must also state in the affidavit or declaration that, promptly upon request, the attorney will permit the social worker's client to inspect and copy the records received by the attorney.

Oregon attorneys commonly use the second option when requesting health records, but frequently fail to attach supporting documentation to their affidavit or declaration. We generally advise social workers that they should require the attorney issuing the subpoena to provide the requisite documentation, and remedy any other defects, prior to producing health records. Otherwise, the production of confidential client information will be pursuant to an invalid request.

As a final note, from the outset of representation, social workers should also protect themselves by complying with Oregon Administrative Rule 877-030-0070(11)(b). It requires social workers to fully inform clients about the limits of client-therapist confidentiality. A valid, legally binding subpoena constitutes one such limitation.

*Robert E. Sinnott is an attorney at Cooney & Crew LLP. He received his juris doctorate from Willamette University College of Law and is admitted to the Oregon State Bar. His practice focuses on healthcare law and litigation, with a particular emphasis on ethics issues facing health care professionals. E-mail: [rsinnott@cooneyllc.com](mailto:rsinnott@cooneyllc.com)*

### Northwest Psychopharmacology Seminars & Robert M. Julien, M.D., Ph.D.

Day 1: CHILD & ADOLESCENT  
PSYCHOPHARMACOLOGY UPDATE

Day 2: PHARMACOLOGICAL  
TREATMENTS FOR CHRONIC PAIN

*Best Western Mill Creek Inn ~ Salem  
Thursday - Friday, October 30 - 31*

*Oregon Medical Association ~ Portland  
Thursday - Friday, November 6 - 7*

8:30 a.m. - 4:00 p.m.

(Registration and continental breakfast begin at 8 a.m.)

One Day: \$125 per person    Both Days: \$225 per person  
\$110 per person, groups 3+    \$200 per person, groups 3+  
Your choice ~ attend one day or both

Register on-line: [www.drjulien.com](http://www.drjulien.com)  
To register via telephone or to request a brochure,  
please contact: Becky Julien, Seminar Coordinator  
503-703-3744 ~ 503-977-7874 (fax) ~ [becky@drjulien.com](mailto:becky@drjulien.com)

## PROGRAMS for MEN

- Men's Therapy Group
- Relationship Skills Group
- Individual Therapy
- Domestic Violence Intervention Groups



Program Directors: Paul Lee, LCSW  
Roberto Olivero, Ph.D.

**503-235-3433**

BP/8

# Social Work Reinvestment Initiative (SWR)

## An Update on the Social Work Reinvestment Initiative (SWR)

By Don Schweitzer, SWR Coordinator

The Social Work Reinvestment (SWR) Initiative is gaining ground at the national level and taking shape in Oregon. Over the summer, the Oregon SWR taskforce has been working on a web-based survey that will provide data and insight specific to Oregon social workers. This will provide us with valuable information to guide our strategic plan over the next year. If you have not already taken the survey, please visit the chapter website ([www.nasworegon.org](http://www.nasworegon.org)) and follow the link to the *Survey of Oregon's Social Workers*. Just as important as taking the survey is encouraging other social work colleagues to take it as well. Feel free to pass on the link to any social workers you know. The survey will close on September 17<sup>th</sup> and key findings will be reported in the next newsletter. As Stacey says, "there is power in numbers, but there is also power in data!"

At the national level, both the House and the Senate are working on passing the *Dorothy I. Height and Whitney M. Young Jr. Social Work Reinvestment Act*. This Act is "the most comprehensive piece of federal legislation ever aimed at addressing

the significant workforce challenges facing the profession of social work" (NASW).

To write a letter of support for the Senate version of the **Social Work Reinvestment Act** (Bill # S.2858), please visit <http://capwiz.com/socialworkers/issues/bills/?bill=11274081>

To write a letter of support for the House version of the Social Work Reinvestment Act (Bill # H.R. 5447), please visit the National NASW at <http://capwiz.com/socialworkers/issues/bills/?bill=11030061>

Additionally, on Tuesday, July 29<sup>th</sup>, the U.S. House Committee on Education and Labor held a hearing titled "Caring for the Vulnerable: The State of Social Work in America." *This hearing provided Congress with a profound view of the importance of social workers as part of this nation's social fabric and the importance to recruit and retain social workers.* I encourage you to go to <http://edlabor.house.gov/hearings/hfc-2008-07-29.shtml> and watch the testimony.

As we move forward with this initiative, please feel free to contact me if you have any questions or concerns about the SWR Initiative in Oregon: [dons@pdx.edu](mailto:dons@pdx.edu)



Don Schweitzer,  
MSW, BSW

## Meet Dr. Harville Hendrix

Bestselling author, lecturer, and creator of Imago Relationship Therapy

Monday, November 3rd, 2008  
7-9pm

How does the mind affect our relationships?

Join Harville Hendrix at the Doubletree Hotel - Lloyd Center  
in beautiful Portland, Oregon  
for "**Love on the Brain: the Science of Romance**"

Dr. Hendrix will sign copies of the newly released  
20th Anniversary Edition of  
**Getting the Love You Want** from 7-8pm.

Bring your copy of the book which has made the  
New York Times best seller list 11 times  
or purchase one when you arrive.

*Coffee, tea, and petit fours will be served.*

Purchase tickets online at by clicking on "Harville's Events" at:  
[www.GettingtheLoveYouWant.com](http://www.GettingtheLoveYouWant.com)



For more information contact Portland Relationship Center at 503-234-4440  
or visit our website [www.portlandrelationshipcenter.com](http://www.portlandrelationshipcenter.com)

# NASW Sponsored Workshops - Fall 2008

## Ethical Decision-Making: Beyond Rules & Principles

Saturday, October 4th, 2008 9:00AM - 4:30PM (6 CEs)  
*Registration & Continental Breakfast at 8:30AM*  
Providence St. Vincent, 9155 SW Barnes Rd., Cancer Center,  
Rooms 20-23 (East Pavilion), Portland

This highly interactive workshop will make you forget everything you ever thought about "boring" ethics workshops! Many people believe that ethics consists in following rules or professional codes. Unfortunately, when they encounter situations which do not fit the rules or code, they are left without any guidance. This workshop presents a perspective on ethics that focuses on building ethical character habits, or virtues, which equips social workers to respond to a wide range of ethical dilemmas, and gives ethics a central role in everyday clinical practice. The virtues discussed in this workshop are drawn from the NASW Code of Ethics and based on foundational social work values.

*Presented by Brad Pendergraft, LCSW.* Brad Pendergraft is known for his humorous and dynamic presentations on topics including: Ethics, Solution Focused Counseling, Suicide Assessment and Intervention, and Telephone Counseling. Mr. Pendergraft is the co-chair of the Ethics Panel of the Employee Assistance Professionals Association. He has a Master's degree in Philosophy and a MSW, both from UCLA. He has presented on Ethics at national conferences such as the American Association of Suicidology and the Employee Assistance Professionals Association, and at the NASW Oregon Chapter Statewide Conference.

## The Business of Social Work: Practical & Ethical Considerations

Friday, October 17th, 2008 9:00AM - 4:30PM (6 CEs)  
*Registration & Continental Breakfast at 8:30AM*

Legacy Emanuel Hospital, 2801 N. Gantenbein Ave., Lorenzen Center, Rooms 1700 & 1702, Portland

This workshop will focus on the foundational steps to creating or recreating a successful private practice that serves the client AND the social worker. You will hear Margaret's Basic Tenets of Practice Building, radical concepts such as "work is supposed to be fun" and "always be ready to change, but not too much." She will discuss how to identify and attract your ideal clients, dealing with competition, how to set fees while keeping in mind affordable treatment planning, and how to decide whether to specialize versus engaging in a general practice. Margaret will show you how the building or rebuilding of a social work practice can be an unparalleled investment opportunity for self and for community, while you remain true to core social work values. All in all, expect an information-packed, fast-moving and thought-provoking day that may just alter the way you think about and attract clients to your practice.

*Presented by Margaret Sears.* Margaret Sears has been working with mental health professionals for thirty years and for the last nineteen years as President of Professional Practice Management and PSY-Collect, firms devoted exclusively to practice management services and consultation.

## DVD: Boundary Issues and Dual Relationships in Social Work (6 CEs)

*Presented by Dr. Frederic G. Reamer*  
Now available on DVD – Earn CEs at Home!  
Filmed in Portland on March 2, 2007

Is it ever appropriate for social workers to maintain relationships with clients after services are terminated? Should social workers ever disclose personal information to clients? How should social workers respond to gifts and social invitations from clients, or handle unexpected encounters with clients? Using extensive case material, Dr. Reamer provides a comprehensive overview of boundary issues and dual relationships that arise in various human service settings. Participants will learn how to identify and respond constructively to complex boundary issues, protect clients, prevent professional malpractice, and avoid liability.

**To rent the DVD, visit:**  
[www.nasworegon.org/events/workshops](http://www.nasworegon.org/events/workshops)

Please allow 5-10 business days to process your order. Once your order is processed, you will receive a set of four DVDs, a post test and a prepaid return envelope. The DVDs and completed post test must be returned to NASW within 30 days. Your CE certificate will be issued within two weeks.



Save the Date!

## The Many Facets of Addiction

*Presented by Claudia Black, MSW, Ph.D.*



Addiction is a critical factor in the preponderance of work with families and individuals. In this dynamic presentation, expert Claudia Black will address the many facets of addiction, including trauma, co-occurring disorders, multiple addictions, abandonment and family impairment. She will also discuss critical treatment issues and offer a variety of intervening strategies for social workers and allied professionals. 6 CEs Pending

**March 13th, 2009**  
Monarch Hotel &  
Conference Center  
Clackamas, OR



Claudia Black, MSW, Ph.D. is a renowned author of "It Will Never Happen To Me" (two million copies sold) and an internationally recognized trainer for her pioneering and contemporary work with family systems and addictive disorders. Since the 1970's, Dr. Black's work has encompassed the impact of addiction on young and adult children. She has offered models of intervention and treatment related to family violence, multi-addictions, relapse, anger, depression and women's issues. Claudia is a Clinical Consultant for The Meadows Treatment Center in Arizona and serves on the Advisory Board for the National Association of Children of Alcoholics and Advisory Council of the Moyer Foundation.

Sponsored by NASW Oregon Chapter  
[www.nasworegon.org](http://www.nasworegon.org)

Registration will open in  
Winter 2008/2009

# NASW Sponsored Workshops - Fall 2008

## Legal & Ethical Considerations in Social Work Practice

Friday, October 31st, 2008 9:00AM - 4:30PM (6 CEs)  
*Registration & Continental Breakfast at 8:30AM*

Legacy Emanuel Hospital, 2801 N. Gantenbein Ave., Lorenzen Center, Rooms 1700 & 1702, Portland

This workshop is designed to educate social workers about the new administrative rules regarding documentation, the benefits of appropriate documentation, and the ethical considerations of what and what not to document. It will address release of documents as allowed by HIPAA and state law, as well as release of records pursuant to a subpoena. Participants will learn the legal and ethical issues relating to reporting child, elder, and developmentally disabled abuse. Lastly, this program will present guidelines on what to do if a Board complaint is filed, and will detail the complaint process.

*Presented by Cooney & Crew, LLP.* Attorney Paul Cooney specializes in healthcare litigation and represents a wide variety of healthcare professionals in all aspects of their practice. Attorney David J. Madigan focuses on defending Board complaints and advising healthcare practices on federal regulations, including Medicare, HIPAA and setting up group practices. Attorney Robert E. Sinnott focuses on healthcare law and litigation, with an emphasis on ethics issues.

## Solution-Focused Clinical Supervision

Friday, November 14th, 2008 9:00AM - 4:30PM (6 CEs)  
*Registration & Continental Breakfast at 8:30AM*

Legacy Emanuel Hospital, 2801 N. Gantenbein Ave., Lorenzen Center, Rooms 1700 & 1702, Portland

This workshop is designed to meet the 6 hours required by the Oregon State Board of Clinical Social Workers for social workers wanting to supervise MSWs working towards licensure. In an interactive fashion, spiced with humor, the presenter explains how a solution-focused approach can be used for clinical supervision. Attendees will learn how to apply basic and advanced Solution focused strategies with supervisees. Among other topics, the workshop will also cover Ethics and Confidentiality, methods and techniques of supervision, group and individual supervision, the first session, and six month review paperwork.

*Presented by Brad Pendergraft, LCSW.* Brad Pendergraft is known for his humorous and dynamic presentations on topics including: Ethics, Solution Focused Counseling, Suicide Assessment and Intervention, and Telephone Counseling. Mr. Pendergraft is the co-chair of the Ethics Panel of the Employee Assistance Professionals Association. He has a Master's degree in Philosophy and a MSW, both from UCLA. He has presented on Ethics at national conferences such as the American Association of Suicidology and the Employee Assistance Professionals Association, and at the NASW Oregon Chapter Statewide Conference.

## Fall 2008 Workshops Registration Form

Complete form and mail with payment to:  
NASW Oregon Chapter  
7688 SW Capitol Hwy. Portland, OR 97219

You may also register online by credit card at:  
[www.nasworegon.org/events/workshops](http://www.nasworegon.org/events/workshops)

Name \_\_\_\_\_

Email \_\_\_\_\_

Phone/Home \_\_\_\_\_

Phone/Work \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

### Workshop(s) for which you are registering:

- Ethical Decision-Making (10/4)
- The Business of Social Work (10/17)
- Legal & Ethical Considerations (10/31)
- Solution-Focused Clinical Supervision (11/14)

### Registration Fees (Per Person/Workshop)

*If registering less than 2 weeks before each workshop, add \$10 per person/workshop.*

- NASW Member \$110
- Non-Member \$135
- Student Member \$35
- Student Non-Member \$50
- Unemployed/Retired Member \$70
- Unemployed/Retired Non-Member \$85
- Group Rate 3-5 Persons \$85 each
- Group Rate 6+ Persons \$95 each

TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_

#### Refund Policy

Participants who are unable to attend the event they registered for and contact the Chapter office prior to the event may request a refund, minus a 10% processing fee, or a credit in the full amount of the missed workshop to be issued towards a future NASW Oregon Chapter workshop.

**2009 Social Worker of the Year Award**  
*Call for Nominations*

NASW Oregon Chapter is currently seeking nominations from members, allied professionals, and the general public for the *Social Worker of the Year* award in the practice area of addictions and substance abuse.

This award is given to recognize outstanding contributions to the social work profession and services provided to Oregon's individuals, families and communities. Nominees should have demonstrated involvement in activities consistent with the goals of NASW, leadership in the human services, willingness to take risks and to enlist public support for improved social services, evidence of personal integrity, a capacity to increase public knowledge in their area of expertise, and personal representation of the ideals embodied in the NASW Code of Ethics. *Nominations from family members will not be accepted.*

The nominee must have a degree in social work and be an NASW member in good standing. This year's award is specific to a social worker currently practicing in the area of addictions and substance abuse.

The award will be given during social work month at an awards luncheon, taking place as part of the *Many Facets of Addiction* workshop (see pg. 12) on March 13<sup>th</sup>, 2009.

**Nominations Form (Please Type or Print Clearly)**

Name of Nominee \_\_\_\_\_

Current Position \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Address \_\_\_\_\_

Name of Person Filing Nomination \_\_\_\_\_

E-mail address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Is Nominator an NASW member? Yes\_\_\_ No\_\_\_

Is Nominee an NASW member? Yes\_\_\_ No\_\_\_

In addition to completing this form, please include a biographical sketch of approximately 100 words and a description of the nominee's achievements in the area of addictions and substance abuse in 500 words or less. *You may add additional attachments, but please do not include resumes or CVs.*

**Return by January 31<sup>st</sup>, 2009 to** [stacey@nasworegon.org](mailto:stacey@nasworegon.org) or:  
NASW Oregon Chapter, 7688 SW Capitol Hwy., Portland, OR 97219

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## Regions & Districts

### LANE COUNTY DISTRICT BROWN BAG MEETINGS

Join us at our monthly brown bag meetings, featuring speakers and networking for social workers wanting to get to know other professionals in Lane County.

*1.5 CEs usually offered at each event.*

**MEETING DAY/TIME:** 1st Tuesday of the Month  
12:00PM-1:30PM

**LOCATION:** Holt International,  
1195 City View, Eugene

**CONTACT:** Erica Freeman Hernandez,  
NASW Lane County District Chair  
elfieher@gmail.com

### ROGUE VALLEY DISTRICT MONTHLY MEETINGS

2nd Wednesday of each month  
Noon - 1:00 p.m.

Carpenter Room of the Jackson County Library  
(Medford Branch)  
205 S. Central, Medford

Bring your lunch. Join us in the various activities of the district, such as providing continuing education programs, forums for exchange of information, and other activities which supports the profession of social work in our valley.

Save the Dates!


### Metro District Organizes Second Annual Fall Film Series

9/24, 6-8PM    10/22, 6-8PM    11/12, 6-8PM

Location: Southeast Uplift (SE Portland)

Each event will feature an hour film followed by a facilitated discussion. Members can earn one free CE for the discussion portion of the event.


Stay tuned for more details! Announcements will be made via email and on the Chapter website.



*Your Gift to Future Generations*

Donating your body supports the advancement of medical science and education.

Hip fractures are a common injury for older persons. Major advancements in hip replacement have improved the outcome of this very common surgery. Donor hips help make this medical research possible.



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Your Support for Finding a Cure.

**NO COSTS AND CREMATION IS INCLUDED**  
Toll-free: **1-866-560-2525** or [www.MedCure.org](http://www.MedCure.org)

### Existential Humanistic Training & Case Consultation Group

Facilitated by  
**Bob Edelstein, LMFT, MFT**

Based Upon  
**The Art of the Psychotherapist**  
By James Bugental, Ph.D.

**Starts Mid-October 2008**  
40 CEUs may be available

**Info: 503-288-3967 or [www.BobEdelstein.com](http://www.BobEdelstein.com)**

NASW, Oregon Chapter's Continuing Education application fees are:

	regular applications	non-profit and not charging
1-16 hours of CE credit	\$105	\$55
17-25 hours	150	75
26-55 hours	200	100
56-99 hours	250	125
100-150 hours	300	150
151-200 hours	350	175
Repeat of conference (within 1 year)	40	20

Applications are to be submitted 4 weeks (20 business days) prior to the date of the conference. Completed applications received 2 weeks (10 business days or less) before the date of the conference will be assessed a late fee of \$25. Please call the chapter office at 503-452-8420 if you have questions.

## Rogue Valley District Sponsors LGBT Training

Clinical Issues in the Lesbian, Gay, Bi-sexual, and Transgendered (LGBT) Community: Honing Clinical Skills, Sensitivity, and Self-Awareness with Fanda Bender, LCSW (CA). Friday, October 10, 2008, 9:00-4:00, at Smullin Center at Rogue Valley Medical Center, Medford, OR. Six (6) CEUs. This workshop will pay special attention to clinical and spiritual issues that arise across the lifespan of LGBT clients. Didactic as well as experiential exercises will be utilized in this training. The participants will be encouraged to explore through clinical conversation their own internalized homophobia and heterosexism. Sponsored by the Rogue District of NASW. For registration information, email [afanjet@jeffnet.org](mailto:afanjet@jeffnet.org)

## Other CE Offerings

Items above the dotted line have been approved for CE by NASW's Continuing Education Committee; items below the line have been submitted for approval.

- Sept 5 9-4, "Appropriate Care for Transgender Clients" sponsored by Lane Community College, held in Eugene. Call 541-682-7262, \$75, 5.5 hrs.
- Sept 8-9 9-6, Sacred Art of Dying, Unit One "understanding Spiritual Pain", sponsored by Sacred Art of Living Center, held in Medford. Call 541-383-4179, \$325, 14 hrs.
- Sept 13-14 9-5:30, "Intermediate Hypnosis Training from an Ericksonian Perspective" sponsored by Milton H. Erickson Institute of Portland, held in Portland. Call 503-293-1811, \$175, 14 hrs
- Sept 19-21 9-5:30 (level IV) "Dynamic Energetic Healing: A New Psychotherapy Model" sponsored by Howard Brockman, held in Salem. Call 503 370-4546, \$385, 20.25 hrs.
- Sept 20-21 9-5:30, "Dancing with Eternity: A Workshop on Death and Dying, Level 1" sponsored by AnamCara Foundation for Living and Dying, held in Portland. Call 503 201-9224, \$200-225, 12 hrs.
- Sept 27-28 9-5, "Parenting Coordination Training" sponsored by Oregon Family Institute, held in Hillsboro. Call 503 681-2174 or 503 539-0581, \$350, 13 hrs.
- Oct 3-4 "4th Biennial Mental Health and Primary Care Conference: Practical Knowledge for Everyday Practice" sponsored by Cascade Healthcare Community, Inc. & Cascades East AHEC, held in Bend. Call 541-706-2617, \$100-150, 16.25 hrs.

- Oct 3-5 7-10, "Enneagram Panel Workshop" sponsored by Barbara Hastings, held in Bend. Call 541-318-1981, \$275, 17 hrs.
- Oct 4 9-4:30, "Ethical Decision-Making: Beyond Rules and Principles" sponsored by NASW Oregon Chapter, held in Portland. Call 503-452-8420, \$35-135, 6 hrs pending.
- Oct 10-11 9-6, Sacred Art of Dying, Unit One "understanding Spiritual Pain", sponsored by Sacred Art of Living Center, held in Bend. Call 541-383-4179, \$325, 14 hrs.
- Oct 13-14, Feb 13-14, 09, Oct 2-3, 09 9-6, Sacred Art of Dying, Unit Three "Healing Spiritual Pain", sponsored by Sacred Art of Living Center, held in Redmon, OR-Oct. 13-14-09, Richland, WA-Feb. 13-14-09, and Redmond, OR-Oct. 2-3-09. www.sacredartofliving.org \$325. 14/75 hrs/
- Oct 15-19 "Opening to Life" sponsored by Patty Winter RN, held in Gold Hill. Call 541 580-5630, \$450, 9.75 hrs.
- Oct 17 7-4, "John E. Stanwood Cancer Rehabilitation Lectureship" sponsored by Legacy Health System, held in Portland. Call 503-413-8002, \$50-100, 7.25 hrs.
- Oct 17 9-4:30, "The Business of Social Work: Practical and Ethical Considerations" sponsored by NASW Oregon Chapter, held in Portland. Call 503-452-8420, \$35-135, 6 hours.
- .....
- Oct 15 9-4:30, "Medical Records Law" sponsored by Lorman Business Center, held in Eugene. Call 800-678-3940, \$309, 6 hrs pending.

For a full listing of CE workshops approved by NASW, visit: <http://www.nasworegon.org/docs/CEOfferings.htm>

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**A**

**HEALTHCARE LAW FIRM**

**FOCUSED ON**

**MALPRACTICE DEFENSE**

**BOARD COMPLAINTS | BUSINESS FORMATION**

**ETHICS CONSULTATIONS**

**SUBPOENA COMPLIANCE**

**A Resource for Mental Health Practitioners Across Oregon**

Contact: Paul A. Cooney  
 4949 Meadows Road, Ste. 460  
 Lake Oswego, OR 97035  
 T: (503) 607-2700, F: (503) 607-2702  
 Email: [pcooney@cooneyllc.com](mailto:pcooney@cooneyllc.com)

## LCSW Exam Preparation Course

*Sponsored by NASW Oregon Chapter*

**Saturday, October 18<sup>th</sup>, 2008**

9:00am – 4:00pm  
Emanuel Hospital, Portland

Presented by  
Jody Swisher, LCSW

For registration information, visit:  
<http://www.nasworegon.org/events/workshops/>

### Individual Therapy • Care Management Clinical Supervision Toward Licensure

Offering an integrated approach to help people see themselves more clearly and find ways to meet goals.

Sixteen years of experience assisting adults address problems ranging from adjusting to life changes and stresses to living with severe mental illness.

**Michelle Blum, L.C.S.W.**  
(503) 939-0264  
[www.blumtherapy.com](http://www.blumtherapy.com)

NCP – PORTLAND PRESENTS

The Northwest Center for Psychoanalysis - Portland PRESENTS

## Fall Conference on Gender

Featuring

**Adrienne Harris, Ph.D.**

author of

Gender as Soft Assembly

Dr. Harris will present her new work,  
"My Gender is Tender."

Additional presenters

**Gerald Fogel, M.D.,**

Oregon Psychoanalytic Institute, Portland

and

**Karol Marshall, Ph.D.,**

Northwest Center for Psychoanalysis - Seattle

**Saturday November 15, 2008**

**9:00am - 4:00pm**

*More information on the web at*

[www.ncpportland.org](http://www.ncpportland.org)

*or contact Virginia Terhaar: 503.274.1945*

## Couples Therapy + Neuroscience

3 Days  
3 Great Presenters

Portland, OR - Nov 4-6



Daniel Siegel, MD Harville Hendrix, PhD Maya Kollman, MA

Full 3-Day package: \$395 or

Two days of Imago Clinical Training (FACT A), Nov 4-5: \$295 or

One day with Dr. Siegel at the Imago Conference, Nov 6: \$150 or

FACT A + Imago International Conference, Nov 4-8: \$684

The program includes an introduction to Imago Relationship Therapy with its founder, and the first day of the Imago International Conference featuring Daniel Siegel on relational neuroscience.

To register visit: [www.regonline.com/ImagoNov4](http://www.regonline.com/ImagoNov4)

Or contact Kelly Lemons, IRI Training Coordinator  
at: [training@imagorelationships.org](mailto:training@imagorelationships.org) (tel) 800.729.1121



## PSYCHODRAMA/GROUP THERAPY TRAINING

Learn about role playing, behavioral rehearsals, and other action techniques - when and how to use them. These techniques can be used in couples work, individual, or group therapies. You will learn to use these techniques with a large variety of clients...and you are likely to have fun while learning.

Meets Friday mornings once/month.

For information, email Dr. Ruth Friedel

[groupworks@teleport.com](mailto:groupworks@teleport.com) or call 503 975 5744

## A Group for Women in STRESS

A therapy group is offered for women with significant stressors in their lives. Meetings will be held on a weekday evening every week for an hour and a half.

A 12 session commitment is requested. An affordable fee will be arranged. The group will be led by Etta Martin, LCSW, certified Group Psychotherapist.

Location: 1020 SW Taylor, Ste 560, Portland.

Validated parking available.

**Phone Etta's confidential voice mail at 503 224-8818 and she will return your call promptly or email her at**

[perdido@comcast.net](mailto:perdido@comcast.net)

## Welcome New Members

The Oregon Chapter wants to welcome the following new members who joined NASW. We thank you for your membership and look forward to getting to know you.

Susan Witt	Daniel Turano
Jessica Fox	Ae White
Melanie Smith	Elizabeth Brandt
Lilly Akoto	David Gantz
Emily Morden	Vanessa Walter
January Crane	Jamie Adams
Nicole Curley	Karen Brown
Fumiyo Nishimoto	Kathryn Vandersall
Sarah Tomlin	Naomi Juniper
Jeremy Springer	Belinda Pearl
Pamela Sparks	Kelly Gualco
Dana Sullivan	Annalisa Weiler
Ann Soule	Michelle Dague
Kourtney Meek	Bradley Adams
June Stanfield	Timothy Stephanos
Tyler McKay	Tracy Adevai
Kristi Ketchum	William Camp
Lisa Loewenthal	Asa Gemignani
Kelli Unzicker	

# ACT

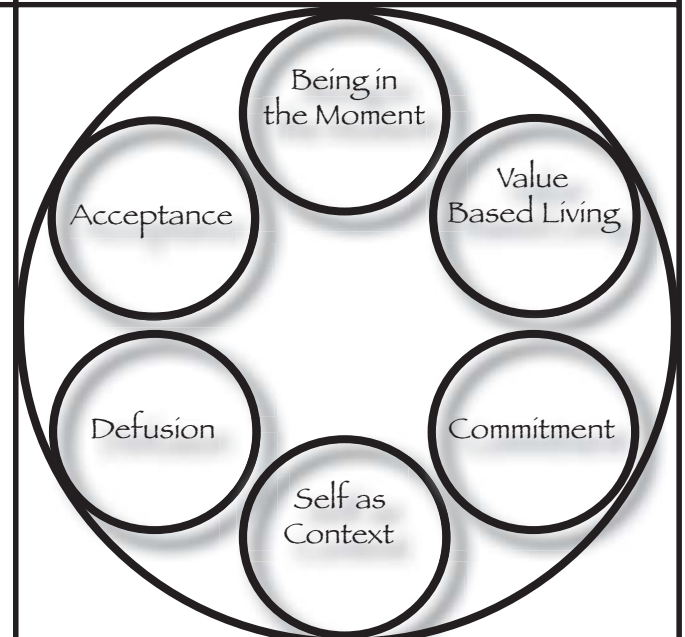
## Acceptance and Commitment Therapy MINDFULNESS IN PRACTICE

ACT is based on the premise that it is the relentless struggle to avoid, suppress, escape from our internal experiences that constitutes human suffering.

Preoccupation with those efforts tends to take us away from the valued life that constitute our deepest yearnings. Research, founded on a ground breaking theory of language and cognition called Relational Frame Theory (RFT) is suggesting that powerful alternatives are available. By exercising our capacity to mindfully connect with our transcendent self and by being willing to experience all that is present in the moment with equanimity, one is able to engage in meaning and purpose, with commitment and full intensity. Research is strongly supportive of beneficial effects for a broad range of clinical conditions including depression, anxiety, stress, substance abuse and even psychotic symptoms.

Upcoming Workshops in 2008  
September 5/7, October 3/5, November 7/9,  
December 5/7

Workshops have considerable experiential content and are residential! They start Friday at 2PM and end Sunday at 7PM. Please contact Vijay or Anne Shankar at (503) 297 2257 or e-mail them at [vadv@qwest.net](mailto:vadv@qwest.net) for more information.



## Employment

**Employment Ads:** For a listing of current employment opportunities, please visit:  
<http://www.nasworegon.org/resources/jobs/>

**Washington Co. JobsCall:** (503) 846-8607,  
[www.co.washington.or.us](http://www.co.washington.or.us)

**Multnomah Co. Jobs:** [www.co.multnomah.or.us](http://www.co.multnomah.or.us)

**Linn Co. Jobs:** [www.co.linn.or.us](http://www.co.linn.or.us)

**Douglas Co. Jobs:** [www.co.douglas.or.us/hr](http://www.co.douglas.or.us/hr)

**Legacy Health System:** [www.legacyhealth.org](http://www.legacyhealth.org)  
Job Line: 503-833-3236

**Providence Health System:** [www.providence.org](http://www.providence.org)

**LifeWorks NW:** [www.lifeworksnw.org](http://www.lifeworksnw.org)

**State of Oregon Jobs:** [www.oregonjobs.org](http://www.oregonjobs.org)

**Trillium Family Services:** [www.trilliumfamily.org](http://www.trilliumfamily.org)

**Morrison Center:** [www.morrisonkids.org](http://www.morrisonkids.org)



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the National Association of Social Workers &  
The New Social Worker® Online

## NASWJOBLink

THE SOCIAL WORK CAREER CENTER

### Make the most of your job search

Find the job you're looking for on JobLink, NASW's online social work employment network.

#### Take control of your job search and career today!

- Personalize your job search and find the right job for you.
- Get an extra edge over the competition.
- Join NASW to post your résumés and attract top social work employers.
- Quickly apply for your favorite jobs online with just one click.
- Set up job search agents and have new listings emailed directly to you.

Go online today at [www.socialworkers.org](http://www.socialworkers.org) to take advantage of the new NASW JobLink Career Center.



750 First Street NE, Suite 700  
Washington, DC 20002-4241  
[www.socialworkers.org](http://www.socialworkers.org)  
888-491-8833

## Dynamic Energetic Healing Level I Training: October 3-5 2008



Join award-winning author Howard Brockman and Dynamic Energetic Healing International™ to experience the DEH® Level I Training. For training details, please call 503.370.4546 or visit our website.

Give your practice a boost and learn to combine energy psychology techniques with process oriented psychology and earn 20.25 CEUs approved by Oregon NASW!

"I have learned and used many conventional and energy treatment modalities over my 30 year career as a therapist. Howard's application of DEH® led me to some of the most profound and rapid growth I have ever experienced." - DM, LCSW

### Discover what Dynamic Energetic Healing International™ has to share:

- Learn how energy psychology integrates with traditional psychotherapeutic approaches
- Discover how energy psychology is a developing new paradigm for psychotherapy today
- Discover interventions that promote change with clients that are unresponsive to traditional therapy
- Learn how "muscle testing" can inform the direction of therapy sessions and empower clients
- Discover how Dynamic Energetic Healing® addresses the underlying origins of PTSD symptoms
- Learn how to clear and release traumatic residue from the trauma origins
- Learn to easily integrate DEH® into a cognitive behavioral orientation
- Discover important legal nuances for working in non-traditional clinical practice
- Expand your knowledge of ethics, risk management and scope of practice



# [www.DynamicEnergeticHealing.com](http://www.DynamicEnergeticHealing.com)

# ADS

**Clinical Supervision toward LCSW or LPC licensure** – 18 years experience. Areas of expertise: addictions, anxiety, depression, medication management, grief/loss, family systems, women's issues. Collaborative, strengths-based approach. Affordable. Kayla Leopold, LCSW, 503-860-0656.

**SUPERVISION FOR LICENSURE: EXPERIENCE FOR DEPTH.** An invitation to co-create a synergistic learning experience with a therapist having 28 years post-degree experience. Emphasis on meeting the client/system/supervisee at their model of the world. Affordable, LPC or LCSW, Portland or Vancouver. Call Michael Kohler, LCSW, 503-231-1711.

**Infant Mental Health and Early Intervention Come Together:** Identifying the needs of child (ages 0-3) in assessment and intervention. 8 am-5 pm Sept. 19, 2008, Medford Central Library 205 South Central Ave. Medford, OR 97501 Call 774-7908 by Sept. 15th. NO CHARGE sponsored by the Oregon Children Plan and Jackson County Mental Health.

**THERAPY GROUP FOR THERAPISTS** – Starting in January. For information, email Dr. Ruth Friedel [groupworks@teleport.com](mailto:groupworks@teleport.com) or call 503 975 5744.

**New Morning Psychotherapy Group** forming in October for health professionals. Tuesdays 7:30 a.m., contact Dr. Beth Kaplan Westbrook (503) 222-4031, certified in group work, helping health professionals since 1991.



## OREGON CHAPTER NASW NEWSLETTER ADVERTISING POLICY

**PREPAID ADS ONLY.** Please submit typed or printed copy to THE NEXUS by the following deadline dates. THE NEXUS is published 4 times a year.

<b>ISSUE:</b>	Winter	Spring	Summer	Fall
<b>Deadline:</b>	Nov. 1	Feb. 1	May 1	Aug. 1

RATES: (WIDTH x HEIGHT)	NASW MEMBER		NON-MEMBER	
	Camera	Ready/Not	Camera	Ready/Not
1/8 page (3.625" x 2.375")	\$ 30	\$ 40	\$ 45	\$ 55
1/4 page (3.625" x 4.9")	\$ 55	\$ 70	\$ 75	\$ 95
1/2 page (7.5" x 4.9" or 1 col. vert.)	\$110	\$125	\$155	\$170
Full page (7.5" x 9.938")	\$200	\$225	\$250	\$275
One Column inch		\$ 20		\$ 27
Classified (30 words or less)		\$ 15		\$ 23

### NO CHARGE FOR JOB OPENING ADS

Oregon Chapter, NASW retains the right to edit and to exclude from printing any material that it considers not to be in the best interest of the Chapter purpose and objectives.

**Send check to:** Oregon Chapter, NASW • (503) 452-8420  
7688 SW Capitol Hwy • Portland, OR 97219 • Fax (503) 452-8506

Rev 7-01

## New! Managed Care Directory Available FREE to NASW Members

NASW's online Managed Care Directory of Resources for Clinical Social Workers in Private Practice combines the resources you need to grow and maintain your practice, from CPT codes to documentation and record-keeping to HIPAA and legal information.

To access the Managed Care Directory, visit:

[www.socialworkers.org/practice/clinical/managedCare08/default.asp](http://www.socialworkers.org/practice/clinical/managedCare08/default.asp)

Please note that you will need to log in as a member to view the directory.

## Classified:

### Greater Portland area:

**THERAPY OFFICES FOR RENT:** Residential neighborhood in growing N. Portland area - 5404 N. Montana Avenue. Warm, comfortable feel with waiting room. 135 sq ft rooms at \$375/mo. Paul at 503.232.0969.

**Nice office** available to sublet 1 or 2 days/eves. per week. Waiting room, conference room, air conditioned, free parking. Close to freeway. SE Portland. Call 503-251-9914 for more info.

**Warm, inviting** and spacious Raleigh Hills office available every Thursday. Suite of three offices includes: waiting room, kitchenette, fax, copier, utilities except telephone, free parking, handicapped accessible and friendly colleagues. Doris Beard 503-297-7906.

**OFFICE SUBLET.** Downtown Portland, SW 12<sup>th</sup> & Morrison. Big views, waiting room, beautifully & fully furnished. Wed/Fri/Sat available. \$135/day for entire month. 503-227-8774.

**NW 20<sup>th</sup> and Overton office to share.** Available Thursday mornings and all day Friday. Fully furnished, shared waiting room, large enough for a group. Call Carol at 503-519-4298.

**Furnished Psychotherapy office @ 1934 NE Broadway** available to share: Other healthcare practitioners in-house, one year lease. \$350/mo. 503-280-1101.

### Other areas:

**Office for rent** in Corvallis. Attractive office with congenial group of therapists. Available up to 3 days per week. Contact Katharine Doel 541-752-7042 or email [klmd@peak.org](mailto:klmd@peak.org)

**Delightful Ashland** cottage with 1 queen bed, full bath, mini kitchen, deck and many extras in a beautiful garden setting \$85 nightly. Contact Adrienne 541-492-8185, 541-941-0202 or [afanjet@jeffnet.org](mailto:afanjet@jeffnet.org)

**Cozy 2 bedroom** beach house in Otter Rock. Fully equipped, sleeps six. Quiet, private. Partial ocean view. Walk to 2 great beaches. No smoking. \$80/night. 503-650-2310.



oregon psychoanalytic center

Offering excellence in psychoanalytic education to the mental health community; providing mental health professionals a wide range of continuing education programs as well as formal psychoanalytic training. We are offering five distinct programs in 2008-2009.

2250 NW Flanders Street, Portland, Oregon 97210  
503-229-0175; www.oregonpsychoanalytic.org

### OREGON PSYCHOANALYTIC INSTITUTE

*Are you interested in becoming a psychoanalyst?*

The Institute offers a formal psychoanalytic training program to mental health specialists such as psychiatrists, psychologists, social workers, and other clinicians with graduate degrees and expertise in their fields. This rigorous four-year course in the theory and practice of psychoanalysis strengthens and deepens clinical psychotherapeutic work.

The next class begins September 2009;  
applications now accepted!  
Prematriculation class is available starting fall 2008.

Come to the  
**INSTITUTE OPEN HOUSE**  
Mon. Oct. 13, 7pm,  
to learn more about psychoanalytic training!

### PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM

A two-year certificate program in adult psychoanalytic psychotherapy. The PPP is distinct from formal psychoanalytic training in that it focuses solely on the practice of psychotherapy.

The next class starts in September 2009; applications now accepted.

#### Test the waters with **A PRELUDE TO PSYCHOANALYTIC PSYCHOTHERAPY**

This series of eight monthly psychoanalytic reading/case consultation classes is designed for both those clinicians who know they want to apply to the 2009 PPP class and those individuals who would like to learn more about the program before applying.

Fourth Mondays, 7-8:30pm, starts September 2008.

### CONTINUING EDUCATION PROGRAM: 2008-2009 courses

**Psychoanalytic Complexity: Pouring New Wine Directly Into One's Mouth**  
William Coburn, PhD, PsyD  
Sat, Sept. 27; 9am-4pm; 6 cme's; \$150

**Case Conference for Advanced Graduate Students**  
Peter Armstrong, PhD & Kathy Reicker, LCSW  
Dates & times to be arranged with participants. Call OPC for more info.  
7.5 cme's. Free for student OPC members

**To Say or Not to Say: Self Disclosure, and the Therapist Vulnerability to Being Seen**  
Carol Stuart, PsyD & Gerald Fogel, MD  
5 Thurs: Oct. 2, 9, 16, 23, 30; 7-8:30pm;  
7.5 cme's; \$185

**Desire and the Other: Externalism and Drive Theory in Lacan and Laplanche**  
Ralph Beaumont, MD & Matt Carges, LMFT  
5 Weds: Oct. 8, Nov. 5, Dec. 10, Feb. 11, Mar. 11, Apr. 8; 7-9pm; 10 cme's; \$250

**Ethics**  
Michal Drabanski, MS & Jeffrey Sher, PsyD  
2 Thurs: Nov. 13, 20; 7-9pm; 4 cme's; \$100

**Infant Observation, the Tavistock Model**  
Tom Saunders, LICSW  
Fri, Dec. 5; 6-9pm; 2 cme's; \$50

**To Sleep, Perchance: The Clinical Use of Dreams in Psychotherapy and Psychoanalysis**  
Candace Young, PhD  
4 Thurs: Jan. 15, 22, 29, Feb. 5; 7-8:30pm;  
6 cme's; \$150

**Desire and Disruption in the Analytic Relationship**  
Dianne Elise, PhD  
Sat, Feb. 21; 10am-1pm; 3 cme's; \$75

**Mind Meeting Brain**  
Lee Shershow, MD & Nancy Winters, MD  
5 Thurs: Feb. 26, Mar. 5, 12, 19, Apr. 2;  
7-8:30pm; 7.5 cme's; \$185

**Narcissism**  
Frank Lachmann, PhD  
Sat, May 9; 9am-4pm; 6 cme's; \$150

### INFANT OBSERVATION COURSE

*What is Infant Observation?  
an experience for the observer*

This year-long course is a unique opportunity to be introduced directly to the mystery of the infant's unfolding in moment-to-moment detail within the care of the mother's mindfulness. Classes start Oct. 2008.

**continuing education units:** These activities have been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the Oregon Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates these educational activities on an hour for hour basis in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. Disclosure information is on record indicating that participating faculty members have no significant financial relationships to disclose. These CME credits will usually satisfy requirements for social worker CEU's and psychologist CE's. However, clinicians should consult their respective state licensing boards for final approval.



Accredited by APsA

## BRIEF THERAPY GROUP STARTING

For people who want an exposure to group therapy, but don't necessarily want to commit for an extended period of time. The group will be

- interactive, with opportunities to build skills, to learn about oneself, personal patterns and relationship obstacles. There will be ample opportunity to "try on" new behaviors.

Excellent as a complimentary therapy for clients already in an individual therapy for clients who are in a couples therapy, where one partner is "stuck" in a non-productive behavioral pattern.

- Wednesdays from 4:30-6:00  
September 17 - December 17.

For information, email Dr. Ruth Friedel  
[groupworks@teleport.com](mailto:groupworks@teleport.com)  
or call 503-975-5744

*Calling all therapists!*

PSU Continuing Education offers  
adoption and foster-specific training

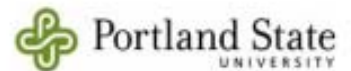


### Workshops, Online Classes, and Certificate Program

Adopted and foster children often have histories of abuse and neglect and present special needs to their families and mental health professionals. This series of advanced, evidence-based courses prepare mental health professionals to strengthen adoptive and foster family systems.

This program is in collaboration with PSU, the Oregon Department of Human Services, and the Oregon Post Adoption Resource Center.

**PSU Continuing Education**  
For more information  
[www.ceed.pdx.edu/adoption](http://www.ceed.pdx.edu/adoption)  
503-725-8539 or email  
[kellieh@pdx.edu](mailto:kellieh@pdx.edu)



## *Body & Emotions in the Therapy Session*

*A day-long workshop with Rob Bauer, sponsored by the Portland Gestalt Training Institute  
Wednesday, Sept. 17, 2008, 9 a.m. - 5 p.m.*

*How do we get beneath the persona and to the true being?  
How do we get out of the head and into the heart?*

Many practitioners have learned ways to communicate and be in relationship with their clients, yet still live in frustration at gaining a greater intimacy or understanding of them. Too often they are caught up in their client's words and miss the deeper message or feelings hidden in the recesses of psyche and soma.

In this workshop you will be introduced to gentle and non-invasive touch as a way to release somatic holding patterns, thereby uncovering suppressed emotions and hear intentional dialogue as a means of helping the client

to verbalize these feelings. Through hands-on practice, you will have the opportunity to understand the client's experience first-hand and learn new therapeutic skills.

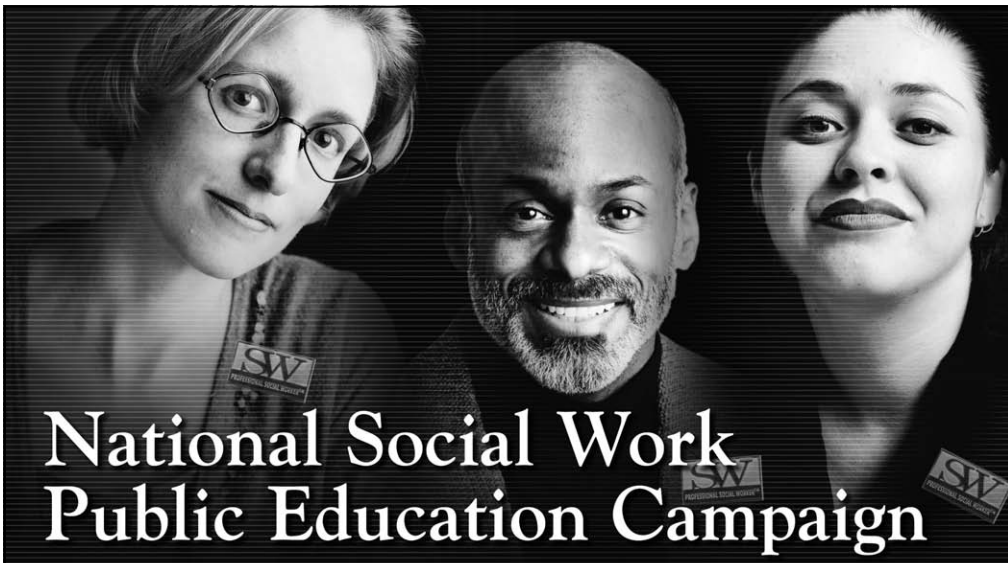
Using the *Rubinfeld Synergy Method*<sup>®</sup> you will discover the power of touch, develop a deeper understanding of how we lock up our feelings with body tension, and learn how touch can open gateways for contacting truth and expressing emotions. You will experiment with the potency of words and discover what happens when a client starts to release holding patterns of their body while being empowered with words.

***\$150 by Sept. 1; \$175 after Sept. 15. Call 503-307-3456 to register.***

*Registration will be limited. (6 CEU's available for mental health practitioners)*

*Rob Bauer, LCSW, MRS, a body-centered psychotherapist, conducts workshops across North America, including Esalen and Omega Institutes. He is a senior faculty member of the Rubinfeld Synergy training, and is a*

*designated a Master Synergist. He is a skilled couples therapist, trained under Harville Hendrix, and certified in Imago Relationship Therapy. He is featured in the best seller, Bodywork, by Thomas Clair.*



# National Social Work Public Education Campaign

If we don't tell our story,  
who will?

Every day, millions of people are helped by a social worker. You do make a difference. And it's time to let the world know. It's time to tell your story.



Help make this historic  
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