

# Understanding Extreme States and Psychiatric Diagnosis: A Process Work Approach

Saturday, February 4th, 10am - 4:30 pm

Process Work Institute  
2049 NW Hoyt St. Portland

with Will Hall MA, Dipl PW & Myriam Rahman MA, Dipl PW

\$60; (\$50 before Jan 20th)

Space limited; pre-registration recommended.

Contact [portlandhearingvoices@gmail.com](mailto:portlandhearingvoices@gmail.com) to register & regarding scholarships.  
5.5 CEU's available for this workshop

Is there meaning in the distressing experiences labeled psychosis, bipolar, and schizophrenia?

The mind is far more mysterious than a label or a diagnosis could ever encompass. In this workshop we will discover the gifts of sensitivity, creativity, and spirituality that are intertwined with what gets called a disorder. Discussion, demonstrations, and experiential exercises will introduce a Process Oriented way to live and work with the meaning behind extreme states of consciousness. Everyone is welcome at this inclusive workshop: professionals, those interested in Process Work, people with diagnosis and/or extreme states, anyone taking or not taking medications, family members, and the community.

*Co-teachers Will Hall and Myriam Rahman offer a unique personal perspective on hospitalization, diagnosis, and medication.*



*Will Hall, MA, DiplPW, has recovered from a diagnosis of schizophrenia. Director of Portland Hearing Voices, Will hosts Madness Radio on KBOO and teaches internationally on new approaches to madness and extreme states. [www.willhall.net](http://www.willhall.net)*

*Myriam Rahman, MA, DiplPW, teaches internationally and is a trainer and consultant with Portland Hearing Voices. Myriam is a survivor of a diagnosis of bipolar disorder w/ psychosis and uses her experience of recovery in her work as a therapist and facilitator.*

*Sponsored by: Portland Hearing Voices, [www.portlandhearingvoices.net](http://www.portlandhearingvoices.net), Mental Health Association of Portland, and National Association of Social Workers - Oregon Chapter Mental Health Network.*

