

**OHSU Avel Gordly Center for Healing**  
Afrocentric Approaches to Clinical Practice

\*All material is co-facilitated by Danette C. Burchill, LCSW and Andre Pruitt, LCSW

Part I: INTRODUCTION 9:00 AM

- a) Names, Credentials, Schools and Training and Experience, our current roles
- b) Purpose of this training today –
- c) What would you like to get out of the training today  
--Use a board/ teachart pad to write up the comments
- d) Agenda for the Day (breaks)
- e) House keeping
- f) Basic Ground Rules
  - i. the material may be controversial or emotional for some people
  - ii. Respect
  - iii. Active Listening
  - iv. Staying open-minded
  - \*Acknowledging Different Places on the Journey**
  - v. Stand up or raise your hand if can agree to abide by these ground rules

Part II: AFRICAN-AMERICAN HISTORY FOR THE FOUNDATION OF AFROCENTRIC THERAPY

\*Lecture format with a lot of material in a short amount of time.

- Disclaimer: The Art of Sitting with the Discomfort
- The impact of American Slavery, Jim Crow Laws, Segregation, and Systematic Discrimination
- African-Americans as a multiracial people
- Juneteenth
- Black Codes
- Jim Crow Laws
- The effects of racism in the Medical System and Justice/Corrections System
  - The Tuskegee Experiment
  - From “Medical Apartheid: The Dark History of Medical Experimentation on Black Americans From Colonial Times to the Present”
- Housing Segregation:
- Civil Rights Movement & Black Power Movement
- The role of the African-American church
- Contemporary Racism – the Past is Alive and Well

BREAK – 15 Minutes 10:45 AM

Part III: Small Group discussion (5-8 people per group) (60 minutes) 11:00 AM

- 1) What did you learn about African-Americans growing up?
- 2) What are the stereotypes you’ve heard about African-Americans?

Lunch 12 – 1:00 pm

- 3) What names did you hear them called? 1:00 PM (continued)
- 4) What is your experience in working with African-Americans? What worked well and what didn't work well? (Large group debrief) (10 minutes)
- 5) Based on the information you just heard, how will this affect your practice? (Large group debrief) (10 minutes)

BREAK – 15 Minutes 1:45 – 2:00 PM

Part IV: Case Scenarios 2:00 PM

Three case scenarios, hand out 1 at a time.

\*Work on it individually first, then share in small then large group

Part V: Summary of Clinical Skills in working with African-Americans plus Q&A

Part VI: Avel Gordly Center for Healing information

Part VII: Closing, Evaluations and Suggested Readings 4:30 PM